

# MICROWAVE/GRILL OVEN

## **OWNER'S MANUAL**

PLEASE READ THIS OWNER'S MANUAL THOROUGHLY BEFORE OPERATING.

MH6589DRL

## New Grill Function

Function	Instructions	Cook
Lower Mode	In lower grill mode, only the heating element below is used. This function is particularly suitable for finishing off pies or pizzas.	
Rotating Mode	In rotating grill mode, top and movable heating elements are used. By rotating heating element continuously, it is also possible to bake cookies or bars	

## New Grill Function

Function	Instructions	Cook
Speed Mode	In speed grill mode, entire heating elements above are used. This function enables the top surface of the dishes like a gratin topping to be browned quickly.	
Double Mode	In double grill mode, the heating elements above and below are used. This function is suitable for cooking steaks, cutlets, fish or pies without turning food over.	

### **Precautions**

#### Precautions to avoid possible exposure to excessive microwave energy.

You cannot operate your oven with the door open due to the safety interlocks built into the door mechanism. These safety interlocks automatically switch off any cooking activity when the door is opened; which in the case of a microwave oven could result in harmful exposure to microwave energy.

It is important not to tamper with the safety interlocks.

Do not place any object between the oven front face and the door or allow food or cleaner residue to accumulate on sealing surfaces.

Do not operate your oven if it is damaged. It is particularly important that the oven door closes properly and that there is no damage to the: (1) door(bent), (2) hinges and latches (broken or loosened), (3) door seals and sealing surfaces.

Your oven should not be adjusted or repaired by anyone except qualified service personnel.

## **A** WARNING

Please ensure cooking times are correctly set as over cooking may result in the FOOD catching fire and subsequent damage to your oven.

When heating liquids, e.g. soups, sauces and beverages in your microwave oven, delayed eruptive boiling can occur without evidence of bubbling. This could result in a sudden boil over of the hot liquid. To prevent this possibility the following steps should be taken:

- 1 Avoid using straight sided containers with narrow necks.
- 2 Do not overheat.
- 3 Stir the liquid before placing the container in the oven and again halfway through the heating time.
- 4 After heating, allow to stand in the oven for a short time, stir or shake them(especially the contents of feeding bottles and baby food jars) again carefully and check the temperature of them before consumption to avoid burns (especially, contents of feeding bottles and baby food jars). Be careful when handling the container.

## **A** WARNING

Always allow food to stand after being cooked by microwaves and check the temperature of them before consumption. Especially contents of feeding bottles and baby food jars.

### **Contents**

#### How the Microwave Oven Works

Microwaves are a form of energy similar to radio and television waves and ordinary daylight. Normally, microwaves spread outwards as they travel through the atmosphere and disappear without effect. Microwave ovens, however, have a magnetron which is designed to make use of the energy in microwaves. Electricity, supplied to the magnetron tube, is used to created microwave energy.

These microwaves enter the cooking area through openings inside the oven. A turntable or tray is located at the bottom of the oven. Microwaves cannot pass through metal walls of the oven, but they can penetrate such materials as glass, porcelain and paper, the materials out of which microwave-safe cooking dishes are constructed.

Microwaves do not heat cookware, though cooking vessels will eventually get hot from the heat generated by the food.

## A very safe appliance

Your microwave oven is one of the safest of all home appliances. When the door is opened, the oven automatically stops producing microwaves. Microwave energy is converted completely to heat when it enters food, leaving no "left over" energy to harm you when you eat your food.

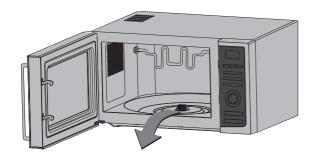
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# **Unpacking &**Installing

By following the basic steps on these two pages you will be able to quickly check that your oven is operating correctly. Please pay particular attention to the guidance on where to install your oven. When unpacking your oven make sure you remove all accessories and packing. Check to make sure that your oven has not been damaged during delivery.



Unpack your oven and place it on a flat level surface.

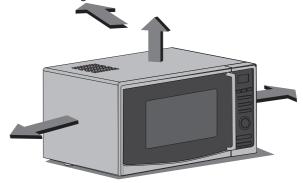






Place the oven in the level location of your choice with more than 85cm height but make sure there is at least 20cm of space on the top and 10cm at the rear for proper ventilation. The front of the oven should be at least 8cm from the edge of the surface to prevent tipping.

An exhaust outlet is located on top or side of the oven. Blocking the outlet can damage the oven.



THIS OVEN SHOULD NOT BE USED FOR COMMERCIAL CATERING PURPOSES

Plug your oven into a standard household socket. Make sure your oven is the only appliance connected to the socket. If your oven does not operate properly, unplug it from the electrical socket and then plug it back in.

Open your oven door by pulling the DOOR HANDLE.
Place the ROTATING RING inside the oven and place
the GLASS TRAY on top.

Fill a microwave safe container with 300 ml (1/2 pint) of water. Place on the GLASS TRAY and close the oven door. If you have any doubts about what type of container to use please refer to page 32.



Press the **STOP/CLEAR** button, and press the **START** button one time to set 30 seconds of cooking time.



The **DISPLAY** will count down from 30 seconds. When it reaches 0 it will sound BEEPS. Open the oven door and test the temperature of the water. If your oven is operating the water should be warm. **Be careful when removing the container it may be hot.** 



#### YOUR OVEN IS NOW INSTALLED

The contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature checked before consumption, in order to avoid burns.

# **Setting the** Clock

You can set 24 hour clock.

In the following example I will show you how to set the time for 14:35. Make sure that you have removed all packaging from your oven.



When your oven is plugged in for the first time or when power resumes after a power cut, a '24H' will be shown in the display; you can reset the clock.

If the clock (or display) shows any strange looking symbols, unplug your oven from the electrical socket and plug it back in and reset the clock.

During clock setting the colon will flash. After setting, the colon will stop/ clear flashing.

Make sure that you have correctly installed your oven as described earlier in this book.

Plug in your oven.

"24H" appears on the display.

(If you want to change different option after setting clock,

you have to unplug and plug it back in.)

Turn DIAL until display shows "14: ".

Press START for hour confirmation.





Turn DIAL until display shows "14:35".

Press **STRAT.** 

The clock starts counting.





## **Child** Lock



oven door.

Your oven has a safety feature that prevents accidental running of the oven. Once the child lock is set, you will be unable to use any functions and no cooking can take place.

However your child can still open the

Press STOP/CLEAR.



Press and hold STOP/CLEAR until "L" appears on the display and BEEP sounds.

The CHILD LOCK is now set.

The time will disappear on the display if you have set the clock.



"L" remains on the display to let you know that CHILD LOCK is set.



To cancel **CHILD LOCK** press and hold **STOP/CLEAR** until "L" disappears. You will hear BEEP when it's released.



# Micro Power Cooking

In the following example I will show you how to cook some food on 80% power for 5 minutes and 30 seconds.



Your oven has five microwave Power settings.

Make sure that you have correctly installed your oven as described earlier in this book.

Press STOP/CLEAR.



Press MICRO twice to select the 680W.



**POWER** Power Output % HIGH 100% 850W MAX **MEDIUM** 80% 680W HIGH MEDIUM 60% 510W DEFROST 40% 340W MEDIUM LOW Low 20% 170W

Turn DIAL until display shows "5:30".



Press **START**.



Your microwave oven is equipped with 5 power levels to give you maximum flexibility and control over cooking. The table below shows the examples of food and their recommended cooking power levels for use with this microwave oven.

## Micro Power Level

POWER LEVEL	USE	POWER LEVEL (%)	POWER OUTPUT
HIGH	* Boil Water  * Brown minced beef  * Cook poultry pieces, fish, vegetables  * Cook tender cuts of meat	100%	8 <i>5</i> 0W
MEDIUM HIGH	* All reheating * Roast meat and poultry * Cook mushrooms and shellfish * Cook foods containing cheese and eggs	80%	680W
MEDIUM	* Bake cakes and scones * Prepare eggs * Cook custard * Prepare rice, soup	60%	510W
DEFROST/ MEDIUM LOW	* All thawing * Melt butter and chocolate * Cook less tender cuts of meat	40%	340W
LOW	* Soften butter & cheese * Soften ice cream * Raise yeast dough	20%	170W



# Two stage Cooking

In the following example I will show you how to cook some food in two stages. The first stages will cook your food for 11 minutes on HIGH; the second will cook for 35 minutes on 340.



During two stage cooking the oven door can be opened and food checked. Close the oven door and press **START** and the cooking stage will continue.

At the end of stage 1, BEEP sounds and stage 2 commences.

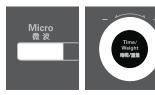
Should you wish to clear the programme press **STOP/CLEAR** twice.





Set the power and the cooking time for stage 1. (You can omit this process for HIGH power.)
Press MICRO once to select HIGH power.

Turn DIAL until display shows "11:00".



Set the power and the cooking time for stage2.

Press MICRO four times to select 340 power.

Turn DIAL until display shows "35:00".





Press START.



#### In the following example I will show you how to set 2 minutes of cooking on high power.

# **Quick**Start



The **QUICK START** feature allows you to set 30 seconds intervals of HIGH power cooking with a touch of the **START** button.



Press START four times to select 2 minutes on HIGH power.
Your oven will start before you have finished the fourth press.





During **QUICK START** cooking, you can extend the cooking time by repeatedly pressing the **START** button.

# More or Less Cooking

In the following example I will show you how to change the preset AUTO COOK programmes for a longer or shorter cooking time.



If you find that your food is over or undercooked when using the Auto Cook programme, you can increase or decrease cooking time by turning DIAL.

When cooking with auto and manual function, you can lengthen or shorten the cooking time at any point by turning DIAL.

There is no need to stop the cooking process.





Set the required AUTO COOK programme.

Select weight of food.

Press START.

Turn **DIAL** clockwise.





# **Grill** Cooking

In the following example I will show you how to programme your oven with Lower Grill for a cooking time 12 minutes and 30 seconds.



This feature will allow you to brown and crisp food quickly.





Press **GRILL** three times " $\lfloor_{\mathbb{O}}$ - $\mathbb{G}$ " appears on the display.



Display Category Press Grill Status Power(W)

5P-6 Speed Grill time 1950

do-6 Double Grill times 1950

o-G Lower Grill times 100

co-G Rotating Grill 4 times 1950

Turn DIAL until display shows "12:30".



Press START.



## **Combination**

# Cooking

In the following example I will show you how to programme your oven with combi mode Co-3 for a cooking time of 25 minutes.



Your oven has a grill + micro cooking feature which allows you to cook food with heater and microwave at the same time (or alternately). This generally means it takes less time to cook your food.

The sheath heater grills the surface of the food while microwave heats inside.

Moreover, preheating your oven is not necessary.

The sheath heater will keep "UP" alaways.

Press STOP/CLEAR.



Press COMBI. to select the Co-3 mode.



Turn DIAL until display shows "25:00".



Press START.

Be careful when removing your food because the container will be hot!



#### **Combination Cooking Mode**

CATEGORY	MICRO POWER (%)	SHEATH HEATER POWER (%)
Co-1	20	80
Co-2	40	60
Co-3	60	40

# **Auto** Cook

In the following example i will show ou how to cook 0.3kg of Chicken kebab.

CLEAR 清除

STOP 停止



Auto Cook allows you to cook most of your favorite food easily by selecting the food type and entering the weight of the food.

Category	Press Auto Cook
Rice	time
Pasta	times
Garlic Bread	times
Hamburger	4 times
Chicken kebab(with be	one) 5 times
Chicken kebab(Breast	t) 6 times
Stuffed peppers	times
Tomato omelet	8 times



### Cook guide \_ Auto cook

Food	Weight Limit	Utensil	Food Temp.	Instructions				
Rice	0.1~0.4kg		Room	Rice	0.1kg	0.2kg	0.3kg	0.4kg
				Water	250ml	500ml	750ml	1000ml
				Oil (liquid)	1 Tablespoons	2 Table	espoons	3 Tablespoons
				Salt		То	taste	
				and liquid oil 2. Do not cover to 3. Choose the many 4. When beep, s	and throw away a into a deep glass p o vaporize whole v enu and weight, pr tir the rice and cov stir and stand cove	ot and mix the vater. Place the ess start. er with a lid. F	em. e pot in the ov Press the start t	ren. to continue cooking.
Pasta	Microwave-safe asta 0.1~0.3kg bowl	Room	Pasta	0.1kg	C	).2kg	0.3kg	
		(Deep glass pot)		Water	400ml	8	00ml	1200ml
				Salt		То	taste	
				2. Do not cover to 3. Choose the me 4. When beep, s Press the start 5. During the coo	, water and salt int o vaporize whole v enu and weight, pr tir the pasta and co to continue cooking oking, stir several ti let stand 1-2 minu	vater. Place the ess start. over with a lid. g. mes if required	e pot in the ov d.	en.
Garlic Bread	1	Grill tray + Rack	Room	<ol> <li>Slice the loaf of bread in half horizontally, and brush a thyme infused butter on each cut sides.</li> <li>Rub the garlic on them and then brush with a little more thyme butter.</li> <li>Sprinkle with salt and pepper.</li> <li>Place the bread on the high rack with the cut sides up in the oven.</li> <li>Choose the menu and start.</li> </ol>				

## Cook guide \_ Auto cook

Food	Weight Limit	Utensil	Food Temp.	Instructions
Hamburger	0.2~0.4kg	Grill tray + Rack	Refrigerated	Choose hamburger of 100g weight and 0.5~1cm thickness each. Brush with oil or melted butter, season as desired. Place food on the grill tray on the rack. Choose the menu and weight, press start. After cooking, remove from the oven and stand.
Chicken kebab (with bone)	0.2~0.5kg		Refrigerated	Ingredients for marinade 1 grated onion 1/2 cup olive oil 1 teaspoon saffron 2 tablespoons lemon juice  1. Combine the ingredients of the marinade, place the chicken pieces (born-in) in the marinade and let them soak for 3-4 hours. 2. Skewer the pieces of chicken using wooden skewers and sprinkle with salt. Note that the skewers pass the center of pieces. 3. Place food on the grill tray on the rack. Choose the menu and weight, press start. After cooking, remove from the oven and stand.
Chicken kebab (Breast)	0.2~0.5kg	Grill tray + Rack	Refrigerated	Ingredients for marinade 1 grated onion 1/2 cup olive oil 1 teaspoon saffron 2 tablespoons lemon juice  Combine the ingredients of the marinade, place the chicken breasts in the marinade and let them soak for 3 -4 hours. And do same as above.

## Cook guide \_ Auto cook

Food	Weight Limit	Utensil	Food Temp.		Inst	ructions	
Stuffed peppers	4 servings	Microwave- safe bowl	Room	2. Place peppers int Place food in the 3. When beep, ope 4. Heat olive oil and Sauté chopped p. 6. Add tomato saud large mixing bow 7. Stuff peppers with Place food in the 8. When the second.	on erry led e of herbs asste heef or chuck ag-grain rice ld Cheddar cheese hers, remove seeds, chop o a large bowl, cover wit oven, choose the menu a n the door, remove the fo b butter in a large skillet a eppers (from tops), onion e, crushed garlic, herbs, ld, combine egg with grou n meat mixture and place oven, choose the menu a l beep, open the door. Sp	nd press start. od. Set aside and let them over medium heat until hot. and celery until vegetable: salt and pepper. Simmer fo und beef and cooked rice a stuffed peppers into a larg	cool. s are tender. r about 10 minutes. In a ind the tomato mixture. ge bowl, cover with lid. the tops, uncovered,
Tomato omelet	0.2~0.6kg	Shallow glass dish (Ht. 2.5cm)	Room	Tomato	0.2kg	0.4kg	0.6kg
		, , , , ,		Egg	1 piece	2 pieces	3 pieces
				Melted oil	1 Tablespoon	2 Tablespoons	3 Tablespoons
				Salt		To taste	
				2. Place the dish in to 3. Choose the menu 4. When beep, add	and weight, press start.	another pot separately. Ar ess start to continue cooking	

# **Healthy** Grill

In the following example I will show you how to cook 0.3kg of "Salmon fillet".



Healthy grill allows you to cook your favorite food easily by selecting the food type and entering the weight of food by turn the wheel dial.

Category	Press Healthy grill	
Salmon fillet		time
Tuna fillet	2	times
Whole trout	3	times
Cod fillet	4	times
Wedge potatoes	5	times
Mushroom	6	times
Skewered vegetable	es 🗾	times
Cauliflower	8	times



Press Healthy Grill once.

"HG-1" appears on the display.

Turn DIAL until display shows "0.3kg".











Category	Quantity	Utensil	Instructions
Salmon fillet HG-1	0.2-0.6kg	Grill tray + Rack Refrigerated	Choose salmon fillet of 200g weight and 2.5cm thickness each. Brush with oil or melted butter, season as desired. Place food on the grill tray on the rack. Choose the menu and weight, press start. After cooking, remove from the oven and stand.
Tuna fillet	0.2-0.6kg	Grill tray + Rack	Choose tuna fillet of 200g weight and 2.5cm thickness each.
HG-2		Refrigerated	And do same as above.
Whole trout	0.3-0.9kg	Grill tray + Rack	Choose trout of 300-400g weight each.
HG-3		Refrigerated	And do same as above.
Cod fillet	0.2-0.6kg	Grill tray + Rack	Choose cod fillet of 200g weight each.
HG-4		Refrigerated	And do same as above.
Wedge potatoes	0.2-0.6kg	Grill tray + Rack	Cut each potato lengthwise in half then cut each half into 4 long wedges.
HG-5		Room	And do same as above.
Mushroom	0.1-0.3kg	Grill tray + Rack	Remove the mushroom stems and cut each mushroom in half.
HG-5		Room	And do same as above.
Skewered vegetables HG-7	0.2-0.4kg	Grill tray + Rack Room	Ingredients for vegetable eggplant, zucchini, onion, sweet pepper, tomato, mushroom Ingredients for sauce 6 tablespoons lemon juice 200 ml olive oil 2 tablespoons Marjoram, chopped 2 tablespoons parsley, chopped Salt and pepper to taste Slice vegetables into large pieces, add salt and pepper, let stand for 30 minutes. Skewer vegetables and mushrooms using wooden skewer. Brush with oil or melted butter. Place food on the grill tray on the rack. After cooking, remove from the oven and stand. Serve the sauce separately.
Cauliflower HG-8	0.2-0.4kg	Grill tray + Rack Room	Remove the cauliflower leaves and cut off one inch from the stem. Brush with oil or melted butter, season as desired. Place food on the grill tray on the rack. Choose the menu and weight, press start. After cooking, remove from the oven and stand.

In the following example I will show you how to cook 0.3kg of "Chicken nuggets".



QUICK START 快速啟動

CLEAR 清除

START 開始

STOP 停止

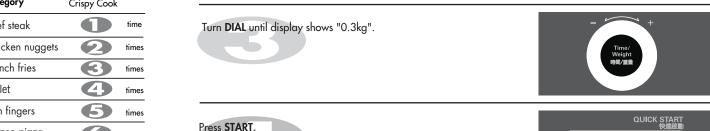


Crispy cook allows you to cook your favorite food easily by selecting the food type and entering the weight of food by turn the wheel dial.

Category	Press Crispy Cook	
Beef steak		time
Chicken nuggets	2	times
French fries	3	times
Cutlet	4	times
Fish fingers	5	times
Frozen pizza	6	times









## Cook guide \_ Crispy Cook

Food	Weight Limit	Utensil	Food Temp.	Instructions
Beef steak	0.2-0.6kg		Refrigerated	Choose beef steak of 200g weight and 2.5cm thickness each. Season with salt and pepper or as desired. Place food on the grill tray on the rack. Choose the menu and weight, press start. After cooking, remove from the oven and stand.
Chicken nuggets	0.2-0.4kg		Frozen	Place Chicken nuggets on the grill tray on the rack. Choose the menu and weight, press start. After cooking, remove from the oven and stand.
French Fries	0.2-0.4kg		Frozen	Spread frozen French fries out on the grill tray on the rack. For the best results, cook in a single layer. And do same as above.
Cutlet	0.2-0.4kg	Grill tray + Rack	Refrigerated	Ingredients for 4 servings 500g potatoes, pre-cooked, mashed 500g lean ground beef or lamb 3 eggs, lightly beaten 2 chopped onions 1 tablespoon chopped parsley 1 cup finely ground breadcrumbs olive oil Salt and pepper to taste  1. Mix the mashed potatoes with meat, eggs, chopped onions and parsley. kneed for 5-10 minutes to make a firm meatball mixture. 2. Form one handful of the meat mixture of 30~40g weight and 1cm thickness each. 3. Coat with finely ground breadcrumbs and brush with oil or melted butter. 4. Place food on the grill tray on the rack. Choose the menu and weight, press start. After cooking, remove from the oven and stand.
Fish Fingers	0.2-0.4kg		Frozen	Place fish fingers on the grill tray on the rack. And do same as above.
Frozen Pizza	0.3-0.5kg		Frozen	Remove all package and place it on the grill tray on the rack. And do same as above.

## **Crispy** Reheat



Crispy reheat allows you to cook your favorite food easily by selecting the food type and entering the weight of food by turn the wheel dial.

Category	Press Crispy rehed	ıt t
Chilled pizza		time
Roasted meat	2	times
Lasagna	3	times
Croissant	4	times
Baguette	5	times
Pie	6	times



Press Crispy Reheat once.

"Er-1" appears on the display.

Turn DIAL until display shows "0.3kg".











Category	Quantity	Utensil	Instructions
Chilled Pizza Er-1	0.2-0.4kg	Grill tray + Rack Refrigerated	Place chilled pizza on the grill tray on the rack. Choose the menu and weight, press start. After cooking, remove from the oven and stand.
Roasted Meat Cr-2	0.2-0.6kg	Grill tray + Rack Refrigerated	Slice each of roasted meat under 2.5cm thickness. Place food on the grill tray on the rack. And do same as above.
Lasagna Cr-3	0.2-0.8kg	Grill tray + Rack Refrigerated	Place leftover lasagna on the grill tray on the rack. And do same as above.
Croissant Cr-4	0.1-0.3kg	Grill tray + Rack Frozen	Place frozen croissant on the grill tray on the rack. Brush the croissants with milk or water. And do same as above.
Baguette Cr-5	0.1-0.4kg	Grill tray + Rack Frozen	Place frozen baguette on the grill tray on the rack. Brush baguettes with milk or water. And do same as above.
Pie Cr-6	0.2-0.6kg	Grill tray + Rack Refrigerated	Place leftover pie on the grill tray on the rack. And do same as above.

The temperature and density of food varies, I would recommend that the food is checked before cooking commences. Pay particular attention to large joints of meat and chicken, some foods should not be completely thawed before cooking. For example fish cooks so quickly that it is sometimes better to begin cooking while still slightly frozen. These will require a standing time to allow the centre to thaw. In the following example I will show you how to defrost 1.4 kg of frozen poultry.

## **Auto** Defrost



Your oven has five microwave defrost setting: -Meat, Poultry, Fish, Bread and Quick defrost; each defrost category has different power setting. Repeated presses of the Auto defrost button will select a different setting.

Category	Press Auto defrost	
Meat		time
Poultry	2	times
Fish	3	times
Bread	4	times
Quick defrost (500g ground med	at) <b>5</b>	times

#### Press STOP/CLEAR.

Weight the food that you are about to defrost. Be certain to remove any metallic ties or wraps; then place the food in your oven and close the oven door.



Press Auto Defrost twice to select the POULTRYdefrosting programme. "BEF2" appears on the display window.



Enter the weight of the frozen food that you are about to defrost.

Turn DIAL until display shows "1.4kg".



Press **START**.



During defrosting your oven will "BEEP", at which point open the oven door, turn food over and separate to ensure even thawing. Remove any portions that have thawed or shield them to help slow down thawing. After checking close the oven door and press **START** to resume defrosting.

Your oven will not stop defrosting (even when the beep sounded) unless the door is opened.

- Food to be defrosted should be placed in a suitable microwave proof container and placed uncovered on the glasstray.
  If necessary, shield small areas of ment or poultry with flat pieces of aluminum foil. This will prevent thin areas from becoming warm during defrosting. Ensure the foil does not touch the oven walls.
- Separate items like minced meat, chops, sausages and bacon as soon as possible.

  When BEEP sounds, turn food over. Remove defrosted portions. Continue to defrost rematining pieces.

  After defrosting, allow to stand until completely thawed.

Category	Quantity	Utensil	Instructions
Meat dEFI	0.1-4.0kg	Microwave-safe plate	Minced meat, Fillet steak, Cubes for stew, Sirloin steak, Pot roast,Rump roast, Beef burger, Lamp chops, Rolled roast, Sausage, Cutlets(2cm) After defrosting, stand covered with aluminum foil for 5-15 minutes.
Poultry dE F2	0.1-4.0kg	Microwave-safe plate	Whole chicken, Legs, Breasts, Turkey breasts(under 2.0kg) After defrosting, stand covered with aluminum foil for 20-30 minutes.
Fish dE F3	0.1-4.0kg	Microwave-safe plate	Fillets, Steaks, Whole fish, Sea foods After defrosting, stand covered with aluminum foil for 10-20 minutes
Bread dE FY	0.1~0.5kg	Paper towel	Sliced bread, Buns, Baguette, etc. After defrosting, stand for 1 minute.
Minced Meat (Quick defost) dE FS	0.5kg	Microwave-safe plate	After defrosting, stand covered with aluminum foil for 5-15 minutes.

## **Keep Warming**



If you want to warm your food when using the Special Menu programme, you can get the warming food by pressing the key.

When the food without Auto function need warming you can set warming at any point by pressing the key.

Keep warming function has only one time level-90 minutes. But the function will stop when you open the door.

LEVEL	Pres keep wa	ss irming	Display
Low level	•	time	Ho-L
High level	2	times	Ho-H

#### Keep warming manually

Put some food into the micro-wave oven, press "keep warming" two times, "Ho-H"appears on the display.

Press "start".

When keeping warming is running, it will display And then you press "keep warming" again, the left time to keep warming will appear on the display.



#### Keep warming after Auto cook (for example).

Set the required Auto cook programme.

Press "start". And after the Auto cook programme, it will automatically run keeping warming function when ten minutes later after Auto cook is over.



When the Auto cook is over, you can also press "keep warming ", and it will run keep warming function right away.

Display	Cover & Wrap	Difference in temperature after warming
Ho-H	Χ	15°C
Ho-H	0	8°C
Ho-L	Χ	25°C
Ho-L	0	15°C

# **Error** Mode

Durning you use your microwave oven, when there is so me mistake, the oven can 't run normally. While the display will appear some information. So you can select the solving method by these in formation .

Display	State	Heater moving circle	Solving method
F-20	Rotating heater position is not upper when plug in		Press STOP/CLEAR first, if the Rotating Heater also can not return to upper, turn it by the Handle.
	Rotating heater position is not upper when open the running oven door	_	Press STOP/CLEAR first, if the Rotating Heater also can not return to upper, turn it by the Handle.
	Rotating heater move when Speed Grill	More than 2 times	Press STOP/CLEAR first, if the Rotating Heater also can not return to upper, turn it by the Handle, then try again.
F-22	Rotating heater move when Double Grill	More than 2 times	Press STOP/CLEAR first, if the Rotating Heater also can not return to upper, turn it by the Handle, then try again.
	Rotating heater move when Lower Grill	More than 2 times	Press STOP/CLEAR first, if the Rotating Heater also can not return to upper, turn it by the Handle, then try again.
F-23	Rotating heater does not move when Rotating Grill	Less than 1 time	Press STOP/CLEAR first, if the Rotating Heater also can not return to upper, turn it by the Handle, then try again.



## Warning



### Warning

When you operate the microwave oven, you should advert some point to use it safely and normally.

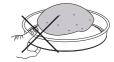
Do not move Heater by hand directly, you may reduce the using life of Rotatin grill heater.



The heater can be very hot after you press Start button and after cooking, so don't touch it,you may get burnt in your hand.



Do not get the Grill tray out by your hand directly. Use the handle used for microwave oven.



When you use the mode Rotating Grill, Double Grill, Lower Grill, you must ust the Rack.



Put the shelf at the right direction.



The height of container can't too high or too near to the heater, otherwise the container will get spark with the heater.



## Important safety instructions

# Read carefully and keep for future reference

#### **WARNING**

Please ensure cooking times are correctly set as over cooking may result in FIRE and subsequent DAMAGE to the OVEN.

- 1 Do not attempt to tamper with, or make any adjustments or repairs to the door, control panel, safety interlock switches or any other part of the oven. It is hazardous for anyone to carry out any service or repair operation which involves the removal of any cover which gives protection against exposure to microwave energy. Repairs should only be undertaken by a qualified service technician.
- 2 Do not operate the oven when empty. It is best to leave a glass of water in the oven when not in use. The water will safely absorb all microwave energy, if the oven is accidentally started.
- 3 Do not use the oven for the purpose of dehumidification. It can be the cause of serious damage of safety. (ex. Operating the microwave oven with the wet newspapers, clothes, toys, pet or portable electric devices, etc.)
- 4 Do not cook food wrapped in paper towels, unless your cook book contains instructions, for the food you are cooking.
- 5 Do not use newspaper in place of paper towels for cooking.
- 6 Do not use wooden containers. They may heat-up and char. Do not use ceramic containers which have metallic (e.g. gold or silver) inlays. Always remove metal twist ties. Metal objects in the oven may arc, which can cause serious damage.
- 7 Do not operate the oven with a kitchen towel, a napkin or any other obstruction between the door and the front edges of the oven, which may cause microwave energy leakage.
- 8 Do not use recycled paper products since they may contain impurities which may cause sparks and/or fires when used in cooking.
- 9 Do not rinse the turntable by placing it in water just after cooking. This may cause breakage or damage.
- 10 Small amounts of food require shorter cooking or heating time. If normal times are allowed they may overheat and burn.
- 11 Be certain to place the oven so the front of the door is 8 cm or more behind the edge of the surface on which it is placed, to avoid accidental tipping of the appliance.

- 12 Before cooking, pierce the skin of potatoes, apples or any such fruit or vegetable.
- 13 Do not cook eggs in their shell. Pressure will build up inside the egg which will burst
- 14 Do not attempt deep fat frying in your oven.
- 15 Remove the plastic wrapping from food before cooking or defrosting. Note though that in some cases food should be covered with plastic film, for heating or cooking.
- 16 If the oven door or door seals are damaged, the oven must not be operated until it has been repaired by a qualified service technician.
- 17 If smoke is observed, switch off or disconnect the oven from the power supply and keep the oven door closed in order to stifle any flames.
- 18 When food is heated or cooked in disposable containers of plastic, paper or other combustible materials, check the oven frequently due to the possibility of the food container is deteriorating.
- 19 Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the oven in a safe way and understands the hazards of improper use.
- 20 Liquids or other foods must not be heated in sealed containers since they are liable to explode.
- 21 Do not operate the oven, if the door seals and adjacent parts of the microwave oven are faulty, until the oven has been repaired by a qualified service technician.
- 22 Check the utensils are suitable for use in microwave ovens before use.
- 23 Do not touch the oven door, outer cabinet, rear cabinet, oven cavity, accessories and dishes during grill mode, convection mode and auto cook operations, unless wearing thick oven gloves, as they will become hot. Before clearing make sure they are not hot.

# Important safety instructions Read carefully and keep for future reference

- 24 Only use utensils that are suitable for use in microwave ovens.
- 25 When heating food in plastic or paper containers, keep an eye on the oven due to the possibility of ignition.
- 26 If smoke is observed, switch off or unplug the appliance and keep the door closed in order to stifle any flames.
- 27 Microwave heating of beverages can result in delayed eruptive boiling, therefore care must be taken when handing the container.
- 28 The contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature checked before consumption, in order to avoid burns.
- 29 Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode, even after microwave heating has ended.
- 30 The microwave oven shall be used freestanding.
- 31 The oven should be cleaned regularly and any food deposits removed.
- 32 The temperature of accessible surfaces may be high when the appliance is operating
- 33 Only use the temperature probe recommended for this oven (for appliances having a facility to use a temperature-sensing probe).
- 34 If heating elements are provided, during use the appliance becomes hot. Care should be taken to avoid touching heating elements inside the oven
- 35 The appliance is not intended for use by young children or infirm persons without supervision.

- 36 The microwave oven must be operated with the decorative door open.
- 37 This connection may be achieved by having the plug accessible or by incorporation a switch in the fixed wiring in accordance with the wiring rules.
- ★ WARNING: If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person.
- ★ WARNING: It is hazardous for anyone other than a competent person to carry out any service or repair operation that involves the removal of a cover which gives protection against exposure to microwave energy.
- **WARNING**: Liquids and other foods must not be heated in sealed containers since they are liable to explode.
- **WARNING**: Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the oven in a safe way and understands the hazards of improper use.
- WARNING: Accessible parts may become hot during use. Young children should be kept away.
  Do not use harsh abrasive cleaners or sharp metal scrapers to clean the oven door glass since they can scratch the surface, which may result in shattering of the glass.
- WARNING: When the appliance is operated in the combination mode, children should only use the oven under adult supervision due to the temperatures generated.

## Microwave-safe

## **Utensils**

### Never use metal or metal trimmed utensils in your microwave oven

Microwaves cannot penetrate metal. They will bounce off any metal object in the oven and cause arcing, an alarming phenomenon that resembles lightning.

Most heat resistant non metallic cooking utensils are safe for use in your microwave oven. However, some may contain materials that render them unsuitable as microwave cookware. If you have any doubts about a particular utensil, there's a simple way to find out if it can be used in your microwave oven.

Place the utensil in question next to a glass bowl filled with water in the microwave oven. Microwave at power HIGH for 1 minute. If the water heats up but the utensil remains cool to the touch, the utensil is microwave~safe. However, if the water does not change temperature but the utensil becomes warm, microwaves are being absorbed by the utensil and it is not safe for use in the microwave oven. You probably have many items on hand in your kitchen right now that can be used as cooking equipment in your microwave oven. Just read through the following checklist.

#### Dinner plates

Many kinds of dinner-ware are microwave-safe. If in doubt consult the manufacturer's literature or perform the microwave test.

#### Glassware

Glassware that is heat-resistant is microwave-safe. This would include all brands of oven tempered glass cookware. However, do not use delicate glassware, such as tumblers or wine glasses, as these might shatter as the food warms.

#### Plastic storage containers

These can be used to hold foods that are to be quickly reheated. However, they should not be used to hold foods that will need considerable time in the oven as hot foods will eventually warp or melt plastic containers.

#### Paper

Paper plates and containers are convenient and safe to use in your microwave oven, provided that the cooking time is short and foods to be cooked are low in fat and moisture. Paper towels are also very useful for wrapping foods and for lining baking trays in which greasy foods such as bacon are cooked. In general, avoid coloured paper products as the colour may run. Some recycled paper products may contain impurities which could cause arcing or fires when used in the microwave oven.

#### Plastic cooking bags

Provided they are made specially for cooking, cooking bags are microwave safe. However, be sure to make a slit in the bag so that steam can escape. Never use ordinary plastic bags for cooking in your microwave oven, as they will melt and rupture.

#### Plastic microwave cookware

A variety of shapes and sizes of microwave cookware are available. For the most part, you can probably use items you already have on hand rather than investing in new kitchen equipment.

#### Pottery, stoneware and ceramic

Containers made of these materials are usually fine for use in your microwave oven, but they should be tested to be sure.

#### **CAUTION**

Some items with high lead or iron content are not suitable for cooking utensils.

Utensils should be checked to ensure that they are suitable for use in microwave ovens.

## Food characteristics &

## Microwave cooking

#### Keeping an eye on things

The recipes in the book have been formulated with great care, but your success in preparing them depends on how much attention you pay to the food as it cooks. Always watch your food while it cooks. Your microwave oven is equipped with a light that turns on automatically when the oven is in operation so that you can see inside and check the progress of your food. Directions given in recipes to elevate, stir, and the like should be thought of as the minimum steps recommended. If the food seems to be cooking unevenly, simply make the necessary adjustments you think appropriate to correct the problem.

#### Factors affecting microwave cooking times

Many factors affect cooking times. The temperature of ingredients used in a recipe makes a big difference in cooking times. For example, a cake made with ice-cold butter, milk, and eggs will take considerably longer to bake than one made with ingredients that are at room temperature. All of the recipes in this book give a range of cooking times. In general, you will find that the food remains under-cooked at the lower end of the time range, and you may sometimes want to cook your food beyond the maximum time given, according to personal preference. The governing philosophy of this book is that it is best for a recipe to be conservative in giving cooking times. While overcooked food is ruined for good. Some of the recipes, particularly those for bread, cake, and custards, recommend that food be removed from the oven when they are slightly undercooked. This is not a mistake. When allowed to stand, usually covered, these foods will continue to cook outside of the oven as the heat trapped within the outer portions of the food gradually travels inward. If the food is left in the oven until it is cooked all the way through, the outer portions will become overcooked or even burnt. You will become increasingly skilful in estimating both cooking and standing times for various foods.

#### Density of food

Light, porous food such as cakes and breads cook more quickly than heavy, dense foods such as roasts and casseroles. You must take care when microwaving porous food that the outer edges do not become dry and brittle.

#### Height of food

The upper portion of tall food, particularly roasts, will cook more quickly than the lower portion. Therefore, it is wise to turn tall food during cooking, sometimes several times.

#### Moisture content of food

Since the heat generated from microwaves tends to evaporate moisture, relatively dry food such as roasts and some vegetables should either be sprinkled with water prior to cooking or covered to retain moisture.

#### Bone and fat content of food

Bones conduct heat and fat cooks more quickly than meat. Care must be taken when cooking bony or fatty cuts of meat that they do not cook unevenly and do not become overcooked.

#### Quantity of food

The number of microwaves in your oven remains constant regardless of how much food is being cooked. Therefore, the more food you place in the oven, the longer the cooking time. Remember to decrease cooking times by at least one third when halving a recipe.

#### Shape of food

Microwaves penetrate only about 2.cm into food, the interior portion of thick foods are cooked as the heat generated on the outside travels inward. Only the outer edge of food in cooked by microwave energy; the rest is cooked by conduction. The worst possible shape for a food that is to be microwaved is a thick square. The corners will burn long before the centre is even warm. Round thin foods and ring shaped foods cook successfully in the microwave.

#### Covering

A cover traps heat and steam which causes food to cook more quickly. Use a lid or microwave cling film with a corner folded back to prevent splitting.

#### Browning

Meats and poultry that are cooked fifteen minutes or longer will brown lightly in their own fat. Food that are cooked for a shorter period of time may be brushed with a browning sauce such as worcestershire sauce, soy sauce or barbecue sauce to achieve an appetizing colour. Since relatively small amounts of browning sauces are added to food the original flavour of the recipe is not altered.

#### Covering with greaseproof paper

Greaseproofing effectively prevents spattering and helps food retain some heat. But because it makes a looser cover than a lid or clingfilm, it allows the food to dry out slightly.

#### Arranging and spacing

Individual foods such as baked potatoes, small cakes and hors d'oeuvres will heat more evenly if placed in the oven an equal distance apart, preferably in a circular pattern. Never stack foods on top of one another.

## Food characteristics &

# Microwave cooking

#### Stirring

Stirring is one of the most important of all microwaving techniques. In conventional cooking, food is stirred for the purpose of blending. Microwaved food, however, is stirred in order to spread and redistribute heat. Always stir from the outside towards the centre as the outside of the food heats first.

#### **Turning over**

Large, tall foods such as roasts and whole chickens should be turned so that the top and bottom will cook evenly. It is also a good idea to turn cut up chicken and chops.

#### Placing thicker portions facing outwards

Since microwaves are attracted to the outside portion of food, it makes sense to place thicker portions of meat, poultry and fish to the outer edge of the baking dish. This way, thicker portions will receive the most microwave energy and the food will cook evenly.

#### Shielding

Strips of aluminium foil (which block microwaves) can be placed over the corners or edges of square and rectangular foods to prevent those portions from overcooking. Never use too much foil and make sure the foil is secured to the dish or it may cause 'arcing' in the oven.

#### Elevating

Thick or dense foods can be elevated so that microwaves can be absorbed by the underside and centre of the foods.

#### **Piercing**

Foods enclosed in a shell, skin or membrane are likely to burst in the oven unless they are pierced prior to cooking. Such foods include yolks and whites of eggs, clams and oysters and whole vegetables and fruits.

#### Testing if cooked

Food cooks so quickly in a microwave oven, it is necessary to test it frequently. Some foods are left in the microwave until completely cooked, but most foods, including meats and poultry, are removed from the oven while still slightly undercooked and allowed to finish cooking during standing time. The internal temperature of foods will rise between 5°F (3°C) and 15°F (8°C) during standing time.

#### Standing time

Foods are often allowed to stand for 3 to 10 minutes after being removed from the microwave oven. Usually the foods are covered during standing time to retain heat unless they are supposed to be dry in texture (some cakes and biscuits, for example). Standing allows foods to finish cooking and also helps flavour blend and develop.

### To Clean Your Oven

#### 1 Keep the inside of the oven clean

Food spatters or spilled liquids stick to oven walls and between seal and door surface. It is best to wipe up spillovers with a damp cloth right away. Crumbs and spillovers will absorb microwave energy and lengthen cooking times. Use a damp cloth to wipe out crumbs that fall between the door and the frame. It is important to keep this area clean to assure a tight seal. Remove greasy spatters with a soapy cloth then rinse and dry. Do not use harsh detergent or abrasive cleaners. The glass tray can be washed by hand or in the dishwasher.

#### 2 Keep the outside of the oven clean

Clean the outside of your oven with soap and water then with clean water and dry with a soft cloth or paper towel. To prevent damage to the operating parts inside the oven, the water should not be allowed to seep into the ventilation openings. To clean control panel, open the door to prevent oven from accidentally starting, and wipe a damp cloth followed immediately by a dry cloth. Press STOP/CLEAR after cleaning.

- 3 If steam accumulates inside or around the outside of the oven door, wipe the panels with a soft cloth. This may occur when the microwave oven is operated under high humidity conditions and in no way indicates a malfunction of the unit.
- 4 The door and door seals should be kept clean. Use only warm, soapy water, rinse then dry thoroughly.

DO NOT USE ABRASIVE MATERIALS, SUCH AS CLEANING POWDERS OR STEEL AND PLASTIC PADS.

Metal parts will be easier to maintain if wiped frequently with a damp cloth.

5 Do not use any steam cleaner.

### **Questions &**

### Answers

#### Q What's wrong when the oven light will not glow?

A There may be several reasons why the oven light will not glow.
Light bulb has blown
Door is not closed

#### Q Does microwave energy pass through the viewing screen in the door?

A No. The holes, or ports, are made to allow light to pass; they do not let microwave energy through.

## Q Why does the beep tone sound when a pad on the Control Panel is touched?

A The beep tone sounds to assure that the setting is being properly entered.

#### Q Will the microwave oven be damaged if it operates empty?

A Yes Never run it empty or without the glass tray.

#### Q Why do eggs sometimes pop?

A When baking, frying, or poaching eggs, the yolk may pop due to steam build up inside the yolk membrane. To prevent this, simply pierce the yolk before cooking. Never microwave eggs in the shell.

#### Q Why is standing time recommended after microwave cooking is over?

A After microwave cooking is finished, food keeps on cooking during standing time. This standing time finishes cooking evenly throughout the food. The amount of standing time depends on the density of the food.

### Q Fan operates even when not operating the microwave oven. Is it failure?

A No. 'Auto Cooling System' operates such that the fan automatically operates for the consumer's safety if interior temperature of the microwave oven is more than appropriate values after cooking is completed.

#### Q Is it possible to pop corn in a microwave oven?

- A Yes, if using one of the two methods described below
  - 1. Popcorn-popping utensils designed specifically for microwave cooking.
  - Prepackaged commercial microwave popcorn that contains specific times and power outputs needed for an acceptable final product.

FOLLOW EXACT DIRECTIONS GIVEN BY EACH MANUFACTURER FOR THEIR POPCORN PRODUCT. DO NOT LEAVE THE OVEN UNATTENDED WHILE THE CORN IS BEING POPPED. IF CORN FAILS TO POP AFTER THE SUGGESTED TIMES, DISCONTINUE COOKING. OVERCOOKING COULD RESULT IN THE CORN CATCHING FIRE.

#### CAUTION

NEVER USE A BROWN PAPER BAG FOR POPPING CORN. NEVER ATTEMPT TO POP LEFTOVER KERNELS

#### Q Why doesn't my oven always cook as fast as the cooking guide says?

A Check your cooking guide again to make sure you've followed directions correctly, and to see what might cause variations in cooking time.

Cooking guide times and heat settings are suggestions, chosen to help prevent overcooking, the most common problem in getting used to a microwave oven. Variations in the size, shape, weight and dimensions of the food require longer cooking time. Use your own judgement along with the cooking guide suggestions to test food condition, lust as you would do with a conventional cooker.

## Plug wiring information/

# **Technical Specifications**



#### This appliance must be earthed

The wires in this mains lead are colored in accordance with the following codes

BLUE ~ Neutral

BROWN ~ Live

GREEN & YELLOW ~ Earth

As the colours of the wires in the mains lead of this appliance may not correspond with the coloured markings identifying the terminals in your plug proceed as follows:

The wire which is colored BLUE must be connected to the terminal which is marked with the letter N or Colored BLACK

The wire which is colored BROWN must be connected to the terminal which is marked with the letter L or colored RED.

The wire which is colored GREEN & YELLOW or GREEN must be connected to the terminal which is marked with the letter E or  $\perp$ .

If the supply cord is damaged, it must be replaced by the manufacturer or its service agent or a similarly qualified person in order to avoid a hazard;

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Lec	hnical	ാവ	ecitic	ation
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	MH6589DRL
Power Input	240V~50Hz
Output	850 W (IEC60705 rating standard)
Microwave Frequency	2450 MHz
Outside Dimension	507 mm(W) X 283mm(H) X438mm(D)
Microwave	1250 Watts
Grill	1000 W(Max. 1950W)
Combination	2200 Watts

### **A WARNING**

This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.



P/No.: MFL62517305