

SEARS

USE & CARE MANUAL

MODEL No.
85063

KNOW YOUR UNIT

Read this booklet so you will be able to enjoy all the features in your Kenmore Microwave Oven.

Record in the space provided below the Model No. and the Serial No. of the appliance.

Model No. _____

Serial No. _____

Retain this information for future reference.



MICROWAVE OVEN

Use and Care Manual

*Distributed by Sears Canada Inc.

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SEARS. CANADA INC., TORONTO. M5B 2C3

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Safety

IMPORTANT SAFETY INSTRUCTIONS

The safety instructions below will tell you how to use your oven and avoid harm to yourself or damage to your oven.

WARNING-To reduce the risk of burns, electric shock, fire, injury to persons, or exposure to excessive microwave energy.

- **Read all the instructions before using your oven.**
- **Do not allow children to use this oven without close supervision.**
- Read and follow the specific **PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY** found on page 4.
- **Do not** use corrosive chemicals or vapors, such as sulfide and chloride, in this appliance. This type of oven is specifically designed to heat, cook, or dry food. It is not designed for industrial or laboratory use.
- **Do not use or store** this appliance outdoors. Do not use this product near water - for example, near a kitchen sink, in a wet basement, or near a swimming pool, and the like.
- **Do not use** the cavity for storage purposes. Do not leave paper products, cooking utensils, or food in the cavity when not in use.
- **Clean the ventilating hood frequently.** Do not allow grease to accumulate on the hood or the filters.
- Use care when cleaning the vent hood filters. Corrosive cleaning agents such as lye-based oven cleaners may damage the filters.
- **Do not tamper with the built-in safety switches on the oven door.** The oven has several built-in safety switches to make sure the power is off when the door is open.
- When food flames under the hood, turn the fan on.
- Suitable for use above both gas and electric cooking equipment 36 inches wide or less.
- **Do not use this oven for commercial purposes.** It is made for household use only.
- **When cleaning the door and the surfaces that touch the door, use only mild, non-abrasive soaps or detergents and a sponge or soft cloth.**
- **If your oven is dropped or damaged, have it thoroughly checked by a qualified service technician before using it again.**
- **To avoid a fire hazard:**
 - **Do not severely overcook food.** Severely overcooked foods can start a fire in the oven. Watch the oven carefully, especially if you have paper, plastic, or other combustibles in the oven.
 - **Do not store combustible items (bread, cookies, etc.) in the oven,** because if lightning strikes the power lines it may cause the oven to turn on.
 - **Do not use wire twist-ties in the oven.** Be sure to inspect purchased items for wire twist-ties and remove them before placing the item in the oven.
 - If materials inside the oven ignite, keep the oven door closed, turn the oven off and disconnect the power cord, or shut off power at the fuse or circuit breaker panel. If the door is opened, the fire may spread.
- **If a fire should start:**
 - **Keep the oven door closed.**
 - **Turn the oven off.**
 - **Disconnect the power cord or shut off the power at the fuse or circuit breaker panel.**
- **To avoid electric shock:**
 - **This appliance must be grounded.** Connect it only to a properly grounded outlet. See the electrical **GROUNDING INSTRUCTIONS** on page 5.
 - **Do not operate this appliance if it has a damaged cord or plug,** if it is not working properly or if it has been damaged or dropped.
 - **Do not immerse the electrical cord or plug in water.**
 - **Keep the cord away from heated surfaces.**

Safety

- **To avoid improperly cooking some foods.**
 - **Do not heat any types of baby bottles or baby food.** Uneven heating may occur and possibly cause personal injury.
 - **Do not heat small-necked containers,** such as syrup bottles.
 - **Do not deep-fat fry in your microwave oven.**
 - **Do not attempt home canning in your microwave oven.**
 - **Do not heat the following items in the microwave oven:** whole eggs in the shell, water with oil or fat, sealed containers, or closed glass jars. These items may explode.
- Do not cover or block any openings in the oven.
- Use your oven only for the operations described in this manual.
- Do not run the oven empty, without food in it.
- Do not let cord hang over edge of table or counter.
- **Preserve the oven floor:**
 - **Do not heat the oven floor excessively.**
 - **Do not** allow the gray film on special microwave-cooking packages to touch the oven floor. Put the package on a microwavable dish.
 - Do not cook anything directly on the oven floor or turntable. Use a microwavable dish.
 - Keep a browning dish at least 3/16 inch above floor. Carefully read and follow the instructions for the browning dish. If you use a browning dish incorrectly, you could damage the oven floor.
- Install or locate this appliance only in accordance with the provided installation instructions.
- This appliance should be serviced only by qualified service personnel. Contact the nearest authorized service facility for examination, repair, or adjustment.
- As with any appliance, close supervision is necessary when used by children.

SAVE THESE INSTRUCTIONS

PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY ...

- **Do not attempt to operate this oven with the door open,** since open-door operation can result in harmful exposure to microwave energy. It is important not to defeat or tamper with the safety interlock.
- **Do not operate the oven if it is damaged.** It is particularly important that the oven door close properly and that there is no damage to the:
 - door (bent)
 - hinges and latches (broken or loosened)
 - door seals and sealing surfaces.
- **Do not place any object between the oven front face and the door,** or allow soil or cleaner residue to accumulate on sealing surfaces.
- **The oven should not be adjusted or repaired** by anyone except properly qualified service personnel.

Safety

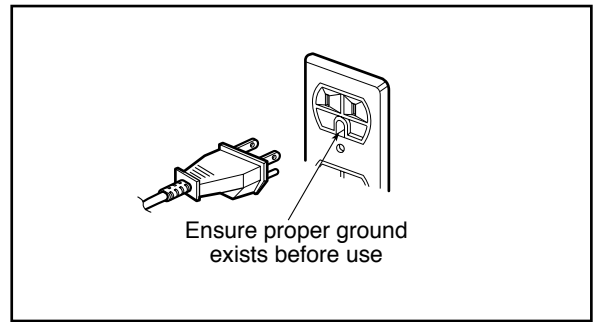
GROUNDING INSTRUCTIONS

This appliance must be grounded. If an electrical short circuit occurs, grounding reduces the risk of electric shock by providing an escape wire for the electric current. The cord for this appliance has a grounding wire with a grounding plug. Put the plug into an outlet that is properly installed and grounded.

WARNING - If you use the grounding plug improperly, you risk electric shock.

Ask a qualified electrician if you do not understand the grounding instructions or if you wonder whether the appliance is properly grounded. Because this appliance fits under the cabinet, it has a short power-supply cord. See the separate Installation Instructions for directions on properly placing the cord. Keep the electrical power cord dry and do not pinch or crush it in any way.

If it is necessary to use an extension cord, use only a 3-wire extension cord that has a 3-blade grounding plug, and a 3-slot receptacle that will accept the plug on the appliance. The marked rating of the extension cord shall be equal to or greater than the electrical rating of the appliance. For a permanently connected appliance:



This appliance must be connected to a grounded, metallic, permanent wiring system, or an equipment grounding conductor should be run with the circuit conductors and connected to the equipment grounding terminal or lead on the appliance.

Getting to Know Your Microwave Oven

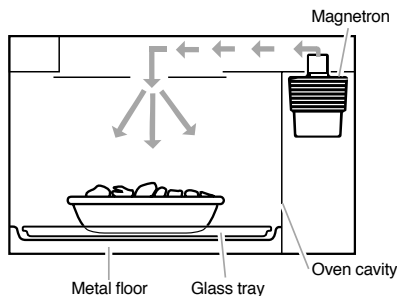
This section discusses the concepts behind microwave cooking. It also shows you the basics you need to know to operate your microwave oven. Please read this information before you use your oven.

How your kenmore microwave hood combination works

Microwave energy is not hot. It causes food to make its own heat, and it's this heat that cooks the food.

Microwaves are like TV waves, radio waves, or light waves. You cannot see them, but you can see what they do.

A magnetron in the microwave oven produces microwaves. The microwaves move into the oven where they contact food as it turns on the turntable.



The glass turntable of your microwave oven lets microwaves pass through. Then they bounce off a metal floor, back through the glass turntable, and are absorbed by the food.

Microwaves pass through most glass, paper, and plastics without heating them so food absorbs the energy. Microwaves bounce off metal containers so food does not absorb the energy.

For the best cooking results

- **Always cook food** for the shortest cooking time recommended. Check to see how the food is cooking.
- **Stir, turn over, or rearrange** the food being cooked about halfway through the cooking time for all recipes. This will help make sure the food is evenly cooked.
- **If you do not have a cover for a dish**, use wax paper, or microwave-approved paper towels or plastic wrap. Remember to turn back a corner of the plastic wrap to vent steam during cooking.

Radio interference

Using your microwave oven may cause interference to your radio, TV, or similar equipment. When there is interference, you can reduce it or remove it by:

- **Cleaning** the door and sealing surfaces of the oven.

- **Adjusting** the receiving antenna of the radio or television.
- **Moving** the receiver away from the microwave oven.
- **Plugging** the microwave oven into a different outlet so that the microwave oven and receiver are on different branch circuits.

Testing your microwave oven

To test the oven put about 1 cup of cold water in a glass container in the oven. Close the door. Make sure it latches. Cook at 100% power for 1

minute. When the time is up, the water should be heated.

Testing your dinnerware or cookware

Test dinnerware or cookware before using. To test a dish for safe use, put it into the oven with a cup of water beside it. Cook at 100% cook power for one minute. **If the dish gets hot, do not use it.** Some dishes (melamine, some ceramic dinnerware, etc.) absorb microwave energy,

becoming too hot to handle and slowing cooking times. Cooking in metal containers not designed for microwave use could damage the oven, as could containers with hidden metal (twist-ties, foil lining, staples, metallic glaze or trim).

Operating safety precautions

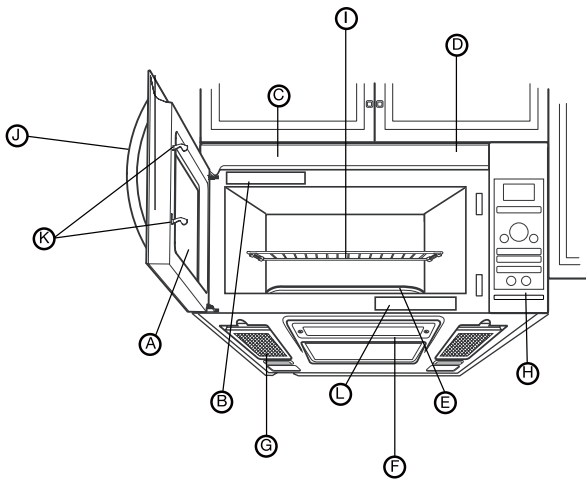
- **Never** lean on the door or allow a child to swing on it when the door is open.
- **Use hot pads.** Microwave energy does not heat containers, but the heat from the food can make the container hot.
- **Do not** use newspaper or other printed paper in the oven.
- **Do not** dry flowers, fruit, herbs, wood, paper, gourds, or clothes in the oven.
- **Do not** start a microwave oven when it is empty. Product life may be shortened. If you practice programming the oven, **put** a container of water in the oven. It is normal for the oven door to look wavy after the oven has been running for a while.
- **Do not** try to melt paraffin wax in the oven. Paraffin wax will not melt in a microwave oven because it allows microwaves to pass through it.
- **Do not** operate the microwave oven unless the glass turntable is securely in place and can move freely. The turntable can move in either direction. **Make sure** the turntable is correct-side up in the oven. **Handle your turntable with care** when removing it from the oven to avoid possibly breaking it. If your turntable cracks or breaks, contact your dealer for a replacement.
- **When you use a browning dish,** the browning dish bottom must be at least 3/16 inch above the turntable. Follow the directions supplied with the browning dish.
- **Never cook or reheat a whole egg inside the shell.** Steam buildup in whole eggs may cause them to burst, and possibly damage the oven. **Slice** hard-boiled eggs before heating. In rare cases, poached eggs have been known to explode. **Cover** poached eggs and **allow** a standing time of one minute before cutting into them.
- **For best results, stir any liquid several times during heating or reheating.** Liquids heated in certain containers (especially containers shaped like cylinders) may become overheated. The liquid may splash out with a loud noise during or after heating or when adding ingredients (coffee granules, tea bags, etc.). This can harm the oven.
- **Microwaves** may not reach the center of a roast. The heat spreads to the center from the outer, cooked areas just as in regular oven cooking. This is one of the reasons for letting some foods (for example, roasts or baked potatoes) stand for a while after cooking, or for stirring some foods during the cooking time.
- **Do not deep fry in the oven.** Microwavable utensils are not suitable and it is difficult to maintain appropriate deep-frying temperatures.
- **Do not overcook potatoes.** At the end of the recommended cooking time, potatoes should be slightly firm because they will continue cooking during standing time. **After microwaving, let** potatoes stand for 5 minutes. They will finish cooking while standing.

Electrical connection

If your electric power line or outlet voltage is less than 110 volts, cooking times may be longer.

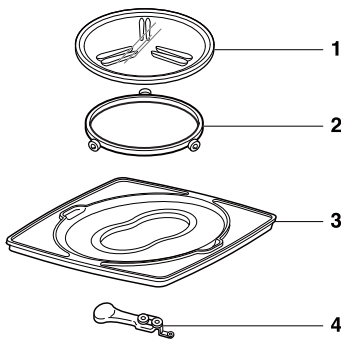
Have a qualified electrician check your electrical system.

Microwave oven features



Your microwave oven is designed to make your cooking experience as enjoyable and productive as possible. To get you up and running quickly, the following is a list of the oven's basic features:

- A. Metal Shielded Window.** The shield prevents microwaves from escaping. It is designed as a screen to allow you to view food as it cooks.
- B. Model and Serial Number Plate**
- C. Charcoal Filter** (behind Vent Grille)
- D. Vent Grille**
- E. Glass Turntray/Guide Tray.** The glass tray moves food as it cooks for more even cooking. It must be in the oven during operation for best cooking results. NOTE: The Even Glide Plus system is capable of handling dishes up to 12 x 15 inches.
- F. Cooktop/Countertop Light**
- G. Grease Filter.** See "Caring for the filters" section.
- H. Control Panel.** Touch the pads on this panel to perform all functions.
- I. Cooking Rack.** Use for extra space when cooking in more than one container at the same time. Remove cooking rack when you are not using it.
- J. Door Handle**
- K. Door Safety Lock System**
- L. Cooking Guide Label**



1. Glass tray
2. Rotating ring
3. Guide tray
4. Shaft

The glass tray moves in both directions and turns to help cook food more evenly. Do not operate the microwave oven without the glass tray in place.

Installation instructions for glass tray

To install:

1. Place the guide tray on the oven cavity bottom. The rollers on the shaft should fit inside the guide tray bottom groove. (See Figures 1, 2-1, and 2-2)
2. Place the rotating ring on the guide tray. (See Figure 3)
3. Place the glass tray on the rotating ring. Fit the rollers of the shaft between the raised, hollowed groove of the glass tray bottom. The rollers on the rotating ring should fit inside the glass tray bottom ridge. (See Figures 4-1 and 4-2)

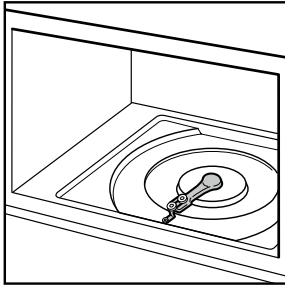


Figure 1

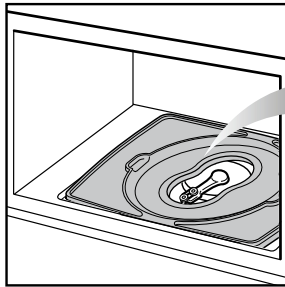


Figure 2-1

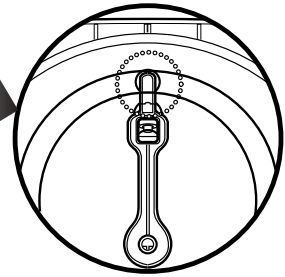


Figure 2-2

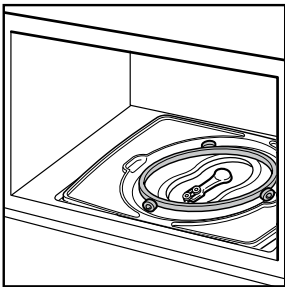


Figure 3

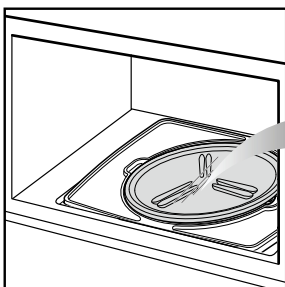


Figure 4-1

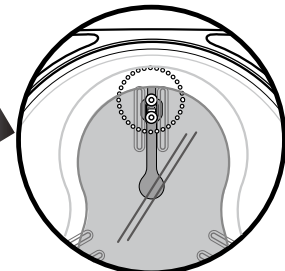


Figure 4-2

Using an oblong dish

When using an oblong dish, don't forget to place it in the center of the guide tray, or poor performance will result. An oblong dish which is smaller than 13 inches should be placed on the glass tray. A dish larger than 13 inches should be placed on the raised edge of the guide tray preventing it from touching the glass tray. Otherwise, poor performance will result. (See Figure 6)

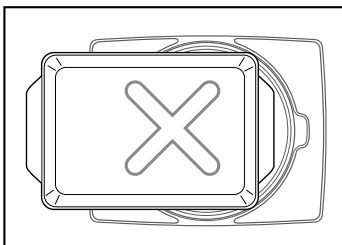


Figure 5

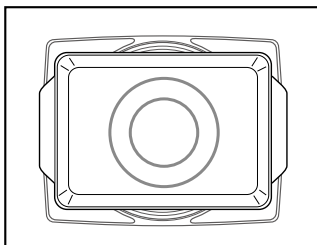


Figure 6

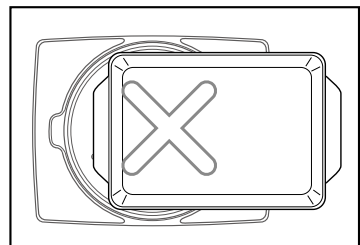
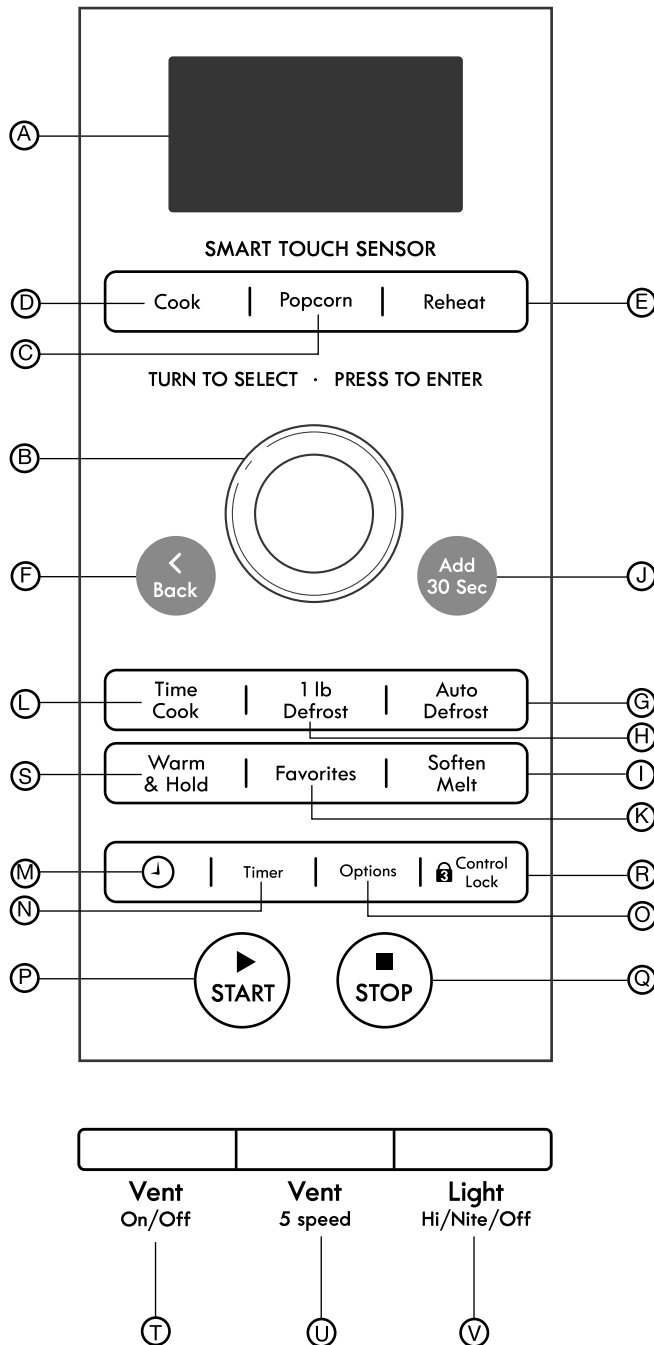


Figure 7

Control panel features

Your microwave oven control panel lets you select the desired cooking function quickly and easily. All you have to do is touch the necessary Command Pad. The following is a list of all the Command and Number Pads located on the control panel. **For more information on these features, see the “Using your microwave oven” section.**



- A. Display Screen** Shows the time of day and cook mode when the microwave oven is not in use. During programming, it displays function menus for you to choose from, servings and weights for you to enter, preparation instructions, and cooking time/power settings for you to select. During a cooking cycle, it counts down the remaining time and prompts you to stir, turn food, etc., as necessary.
- B. Touch Dial Control** Use this dial to select oven functions, such as quantities of food and cooking times/powers.
- C. Popcorn** Touch this pad to pop popcorn with the sensor feature. The oven's sensor will tell the oven how long to cook depending on the amount of humidity it detects from the popcorn.
- D. Cook** Touch this pad to cook microwavable foods without entering a cook time or power.
- E. Reheat** Touch this pad to reheat microwavable foods without entering a cook time or power.
- F. Back** This button can be used within menus to return to the previous screen.
- G. Auto Defrost** Touch this pad, followed by Number Pads, to thaw frozen meat by weight.
- H. 1 lb Defrost** Touch this pad to express defrost. "GROUND BEEF 1.0 LBS TOUCH START" will appear in the display.
- I. Soften/Melt** Touch this pad to soften ice cream, cream cheese, butter or frozen juice and melt chocolate, cheese, butter, or marshmallows.
- J. Add 30 Seconds** Touch this pad to cook for 30 seconds at 100% cook power, or to add extra seconds at the set cook power to your cooking cycle.
- K. Favorites** Touch this pad to recall a cooking instruction previously placed in memory.
- L. Time Cook** Touch this pad for manual control of cook time and power level.
- M. Clock** Touch this pad to enter the time of day.
- N. Timer** Touch this pad to set the kitchen timer.
- O. Options** Touch this pad to change the oven's default settings for sound, clock, display speed and defrost weight.
- P. Start** Touch this pad to start a function. If you open the door after the oven begins to cook, retouch Start.
- Q. Stop** Touch this pad to stop and cancel any oven function.
- R. Control Lock** Touch and hold this pad for three seconds to lock the control panel.
- S. Warm & Hold** Touch this pad to keep hot, cooked foods safely warm in your oven for up to 90 minutes.
- T. Vent On/Off** Touch this pad to turn the fan on/off.
- U. Vent 5 Speed** Touch this pad to choose one of five fan speeds.
- V. Light Hi/Nite/Off** Touch this pad to turn the light on high, night (low) or off.

MICROWAVE COOKING TIPS

Amount of food

- **If you increase or decrease** the amount of food you prepare, the time it takes to cook that food will also change. For example, if you double a recipe, add a little more than half the original cooking time. Check for doneness and, if necessary, add more time in small increments.

Starting temperature of food

- **The lower the temperature** of the food being put into the microwave oven, the longer it takes to cook. Food at room temperature will be re-heated more quickly than food at refrigerator temperature.

Composition of food

- **Food with a lot of fat and sugar** will be heated faster than food containing a lot of water. Fat and sugar will also reach a higher temperature than water in the cooking process.
- **The more dense the food**, the longer it takes to heat. “Very dense” food like meat takes longer to heat than lighter, more porous food like sponge cakes.

Size and shape

- **Smaller pieces of food** will cook faster than larger pieces. Also, same-shaped pieces cook more evenly than different-shaped pieces.
- **With foods that have different thicknesses**, the thinner parts will cook faster than the thicker parts. **Place** the thinner parts of chicken wings and legs in the center of the dish.

Stirring, turning foods

- **Stirring and turning foods** spreads heat quickly to the center of the dish and avoids overcooking at the outer edges of the food.

Covering food

- **Cover** food to reduce splattering, shorten cooking times, and keep food moist.
- You can use any covering that lets microwaves pass through. See “How Your Microwave Hood Combination Works” on page 6 for materials that microwaves will pass through. If you are using the Sensor function, be sure to vent.

Releasing pressure in foods

- **Several foods** (for example: baked potatoes, sausages, egg yolks, and some fruits) are tightly covered by a skin or membrane. Steam can build up under the membrane during cooking, causing the food to burst. To relieve the pressure and to prevent bursting, **pierce** these foods before cooking with a fork, cocktail pick, or toothpick.

Using standing time

- **Always allow food to stand** either inside or outside the oven after the cooking or defrost period ends. Standing time allows the temperature to spread evenly throughout the food, improving cooking or defrosting results.
- **The length of the standing time** depends on how much food you are cooking and how dense it is. Sometimes it can be as short as the time it takes you to remove the food from the oven and take it to the serving table. However, with large, denser food items, the standing time may be as long as 10 minutes. For such longer periods, you may want to program a “0” power second stage of the cooking cycle for standing time inside the oven. See “Two-Stage Cooking.”

Arranging food

For best results, place food evenly on the plate. You can do this in several ways:

- **If you are cooking several items of the same food**, such as baked potatoes, **place** them in a ring pattern for uniform cooking.
- **When cooking foods of uneven shapes or thickness, such as chicken breasts**, **place** the smaller or thinner area of the food towards the center of the dish where it will be heated last.
- **Layer thin slices of meat** on top of each other.
- **When you cook or reheat whole fish**, **score** the skin – this prevents cracking.
- **Do not** let food or a container touch the top or sides of the oven. This will prevent possible arcing. Arcing is a spark that can cause damage to the oven interior.

MICROWAVE COOKING TIPS (CONT.)

Using aluminum foil

Metal containers should not be used in a microwave oven. There are, however, some exceptions. If you have purchased food which is prepackaged in an aluminum foil container, refer to the instructions on the package. When using aluminum foil containers, cooking times may be longer because microwaves will only penetrate the top of the food. If you use aluminum containers without package instructions, follow these guidelines:

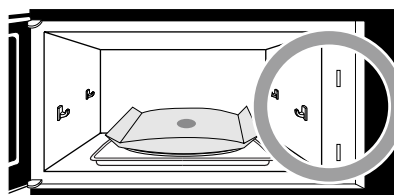
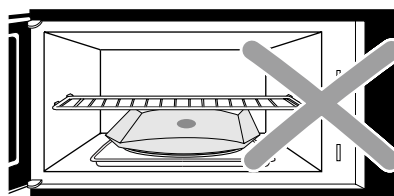
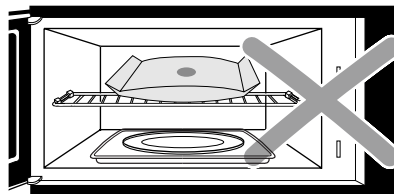
- **Place** the container in a glass bowl and add some water so that it covers the bottom of the container, not more than 1/4 in. (.64 cm) high. This ensures even heating of the container bottom.
- **Always remove** the lid to avoid damage to the oven.
- **Use only** undamaged containers.
- **Do not use** containers taller than 3/4 in. (1.9 cm).
- **The container must be** at least half filled.
- **To avoid arcing**, there must be a minimum of 1/4 in. (.64 cm) between the aluminum container and the walls of the oven and also between two aluminum containers.
- **Always place** the container on the turntable.
- **Shield** with small pieces of aluminum foil the parts of food that may cook quickly, such as wing tips and leg ends of poultry.
- **Heating food** in aluminum foil containers usually takes up to double the time compared to reheating in plastic, glass, china, or paper containers. The heating time will vary depending upon the type of container you use.
- **Let food stand** for 2 to 3 minutes after heating so that heat is spread evenly throughout the container.

Cooking you should not do in your microwave oven

- **Do not** do canning of foods in the oven. Closed glass jars may explode, resulting in damage to the oven.
- **Do not** use the microwave oven to sterilize objects (baby bottles, etc.). It is difficult to keep the oven at the high temperature needed for sterilization.

Removing the rack

- When popping commercially packaged popcorn, **remove the rack from the oven**. Do not place the bag of microwave popcorn on the rack or under the rack.
- Popping microwave popcorn without removing the rack can cause fire or damage to your microwave oven.



Using Your Microwave Oven

DIAL CONTROL

Faster, easier, better than ever before—

Just watch the display screen and choose what you want from the menus.

Touch function pad to:

- Select desired function. This must be done before the dial can be used.

Turn DIAL control to:

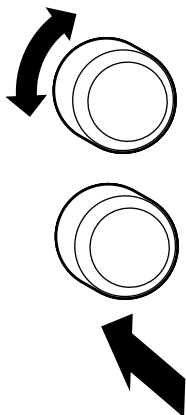
- Set clock/kitchen timer.
- Select options and choices.
- Set cook time and power.

Press DIAL control to:

- Enter a selection.
- Start cooking.

Touch STOP to:

- Stop any microwave function.




CLOCK

Example: To set the clock for 8:00 P.M.


Touch:

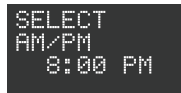
Display Shows:

1.  Touch the **CLOCK** pad.

2.  TURN TO SELECT · PRESS TO ENTER Set the time of day by turning the dial and pressing for hours and then minutes.



3.  TURN TO SELECT · PRESS TO ENTER Turn the dial to select **PM** and press.



NOTE: You must set the clock before the microwave oven can be used.

FUNCTION SELECTIONS

Cook

- Casserole
- Eggs
- Fish & Seafood
- Frozen Entree
- Meat
- Pizza – Microwave
- Potatoes
- Poultry
- Rice & Pasta
- Vegetable – Canned
- Vegetable – Fresh
- Vegetable – Frozen

Reheat

- Beverage
- Casserole
- Dinner Plate
- Pizza Reheat
- Soup & Sauce

Auto Defrost

- Meat
- Poultry
- Fish
- Bread

Soften/Melt

- Melt
- Soften

Favorites

- Use Favorite Recipe
- Add Recipe
- Edit Recipe
- Delete Recipe

Options

- Auto Nite Lite (Auto Night Light)
- Clock On/Off
- Demo On/Off
- Lbs/Kg
- Reminder
- Scroll Speed
- Sound On/Off

TIMER

Your microwave oven can be used as a kitchen timer. You can set up to 99 minutes, 59 seconds.

Example: To set Kitchen Timer (3 minutes).

Touch:

Display Shows:

1. **Timer** Press the **TIMER** pad.



2.  TURN TO SELECT · PRESS TO ENTER Turn the dial to enter the time and press to set.



3.  TURN TO SELECT · PRESS TO ENTER Press the dial to start.

NOTE: To cancel the kitchen timer, press the **TIMER** pad. "TIMER CLEARED" appears in the display.

VENT

The **VENT** removes steam and other vapors from the cooking surface.

Touch:

Display Shows:

1. **Vent On/Off** Touch the **VENT ON/OFF** pad.
2. **Vent 5 speed** Press the **VENT SPEED** pad to increase the vent speed from levels 1 to 5.
3. **Vent On/Off** Press the **VENT ON/OFF** pad to turn off.



NOTE: If the temperature gets too hot around the microwave oven, the fan in the vent hood will automatically turn on at the low setting to cool the oven. It may stay on up to an hour to cool the oven. When this occurs, **you cannot turn the vent fan off.** This can happen even though the microwave oven is not in use.

LIGHT

The pad on the bottom left of the control panel controls the cooktop light.

Example: To set the Lamp for HIGH.

Touch:

Display Shows:

1. **Light Hi/Nite/Off** Touch the **LIGHT** pad to turn the light to **LIGHT HIGH**.
2. **Light Hi/Nite/Off** Touch the **LIGHT** pad to turn the light to **LIGHT NIGHT**.
3. **Light Hi/Nite/Off** Touch the **LIGHT** pad again to turn **OFF** the light.




ADD 30 SECONDS

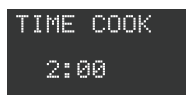
This simplified time-saving pad lets you quickly set and start microwave cooking.

Example: To set for 2 minutes.

Touch:

Display Shows:

1.  Touch the **ADD 30 SECONDS** pad four (4) times. The oven begins cooking immediately and the display shows time counting down.



NOTE: Each press of the **ADD 30 SECONDS** pad will add 30 seconds of cooking time, up to 99 minutes.

MANUAL COOK

Example: To cook food for 8 minutes 30 seconds at 70% power.

Touch:


1. Time Cook Press the **TIME COOK** pad.

SELECT
COOK TIME
:10

2. TURN TO SELECT - PRESS TO ENTER Turn the dial to select cook time and press enter. Turn the dial to select cook power.



SELECT
COOK POWER
8:30 P=07

3.  Press **START** or dial to begin cooking.

NOTE: Turn the dial to adjust cook time. The oven will beep when power is set to 0.

NOTE: Press **STOP** to pause. Press **START** to restart cooking.

TWO-STAGE COOKING

This oven can be programmed to automatically switch from one cooking power to another during a cooking cycle.

Example: To cook food for 3 minutes at 100% power (first stage) and for 7 minutes 30 seconds at 70% power (second stage).

Touch:

1. Time Cook Press the **TIME COOK** pad.

SELECT
COOK TIME
:10


2. TURN TO SELECT - PRESS TO ENTER Turn the dial to select cook time and press to enter. Turn the dial to select cook power.



SELECT
COOK POWER
3:00 P=10

3. Time Cook Press the **TIME COOK** pad to select second cook time. Turn the dial to select cook time and press to enter. Turn the dial to select cook power.

SELECT 2ND
COOK POWER
7:30 P=07

4.  Press **START** or dial to begin cooking.

NOTE: Turn the dial to modify time.

NOTE: When the first cooking stage is complete, the second stage starts immediately.

NOTE: You may set the second stage to 0 power to establish a period of standing time within the oven.

COOKING GUIDE FOR POWER LEVELS

The nine power levels in addition to HIGH allow you to choose the best power level for the food you are cooking. Below are listed all the power levels, examples of foods best cooked at each level, and the amount of microwave power you are using.

POWER LEVEL	MICROWAVE OUTPUT	USE
10 (High)	100%	<ul style="list-style-type: none"> • Boil water • Cook ground beef • Make candy • Cook fresh fruits and vegetables • Cook fish and poultry • Preheat browning dish
9	90%	<ul style="list-style-type: none"> • Reheat meat slices quickly • Saute onions, celery, and green pepper
8	80%	<ul style="list-style-type: none"> • All reheating • Cook scrambled eggs
7	70%	<ul style="list-style-type: none"> • Cook breads and cereal products • Cook cheese dishes, veal • Cook cakes, muffins, brownies, cupcakes
6	60%	<ul style="list-style-type: none"> • Cook pasta
5	50%	<ul style="list-style-type: none"> • Cook meats, whole poultry • Cook custard • Cook whole chicken, turkey, spare ribs, rib roast, sirloin roast
4	40%	<ul style="list-style-type: none"> • Cook less tender cuts of meat • Reheat frozen convenience foods
3	30%	<ul style="list-style-type: none"> • Thaw meat, poultry, and seafood • Cook small quantities of food • Finish cooking casserole, stew, and some sauces
2	20%	<ul style="list-style-type: none"> • Soften butter and cream cheese • Heat small amounts of food
1	10%	<ul style="list-style-type: none"> • Soften ice cream • Raise yeast dough
0		<ul style="list-style-type: none"> • Standing time in oven

OPTIONS

The pad on the bottom left of the control panel controls the cooktop light.

FUNCTION	REMARK
Auto Night Light	set auto night light time
Clock On/Off	turn clock on/off
Demo On/Off	demo mode on/off
Lbs/Kg	change weight measurement
Reminder	set reminder time
Scroll Speed	adjust scroll speed to desired level
Sound On/Off	turn sound on/off

Example: To choose an option.

Touch: **Display Shows:**

- Options Press the **OPTIONS** pad.

Example: To check night light setting.

Touch: **Display Shows:**

- Options Touch the **OPTIONS** pad.
- Press the dial to select **AUTO NITE LITE.**
- Turn dial to select **REVIEW NITE LITE** and press to show current settings.

AUTO NIGHT LIGHT

Example: Set ON time to 11:00 PM and OFF time to 7:00 AM.

Touch: **Display Shows:**

- Options Touch the **OPTIONS** pad.
- Press the dial to select **AUTO NITE LITE.**
- Press the dial to select **SET NITE LITE.** Turn the dial to select the ON times in hours. Press again for minutes. Press the dial again to select AM or PM. Repeat this to set the OFF time.
- Press the dial; the screen will briefly display the ON/OFF settings.

Example: To clear night light setting.

Touch: **Display Shows:**

- Options Touch the **OPTIONS** pad.
- Press the dial to select **AUTO NITE LITE.**
- Turn the dial to select **CLEAR NITE LITE** and press to clear settings.

CLOCK ON/OFF

Example: Turn clock on or off.

Touch:

1. Options Touch the **OPTIONS** pad.

+AUTO NITE
CLOCK ON/
DEMO ON/O

2. TURN TO SELECT · PRESS TO ENTER
Turn the dial to select **CLOCK ON/OFF** and press.



SELECT
CLOCK
ON
TURN DIAL

3. TURN TO SELECT · PRESS TO ENTER
Turn the dial to select **ON** or **OFF** and press to enter.



Display Shows:

REMINDER

Example: Set a reminder for 8:45 AM.

Touch:

1. Options Touch the **OPTIONS** pad.

+AUTO NITE
CLOCK ON/
DEMO ON/O

2. TURN TO SELECT · PRESS TO ENTER
Turn the dial to select **REMINDER** and press.



-REMINDER
H-SET REMI
H-REVIEW R

3. TURN TO SELECT · PRESS TO ENTER
Press the dial to select **SET REMINDER**. Turn the dial to select the ON time in hours. Press again for minutes. Press the dial again to select AM or PM.



4. TURN TO SELECT · PRESS TO ENTER
Press the dial; the screen will briefly display the reminder setting.



REMINDER
IS SET
8:45 AM

Example: Check that the reminder is set.

Touch:

1. Options Touch the **OPTIONS** pad.

+AUTO NITE
CLOCK ON/
DEMO ON/O

2. TURN TO SELECT · PRESS TO ENTER
Turn the dial to select **REMINDER** and press.



-REMINDER
H-SET REMI
H-REVIEW R

3. TURN TO SELECT · PRESS TO ENTER
Turn the dial to select **REVIEW REMINDER** and press. The screen will briefly display the reminder setting.



REMINDER
IS SET
8:45 AM

DEMO ON/OFF

Example: Turn demo mode on.

Touch:

1. Options Touch the **OPTIONS** pad.

+AUTO NITE
CLOCK ON/
DEMO ON/O

2. TURN TO SELECT · PRESS TO ENTER
Turn the dial to select **DEMO ON/OFF** and press.



SELECT
DEMO
OFF
TURN DIAL

3. TURN TO SELECT · PRESS TO ENTER
Turn the dial to select **ON** and press to enter.



Display Shows:

LBS/KG

Example: Change weight measurement to LBS.

Touch:

1. Options Touch the **OPTIONS** pad.

+AUTO NITE
CLOCK ON/
DEMO ON/O

2. TURN TO SELECT · PRESS TO ENTER
Turn the dial to select **LBS/KG** and press.



SELECT
UNIT
LBS
TURN DIAL

3. TURN TO SELECT · PRESS TO ENTER
Turn the dial to select **LBS** and press to enter.



Display Shows:

REMINDER

Example: Clear reminder from memory.

Touch:

1. Options Touch the **OPTIONS** pad.

+AUTO NITE
CLOCK ON/
DEMO ON/O

2. TURN TO SELECT · PRESS TO ENTER Turn the dial to select **REMINDER** and press.



-REMINDER
+SET REMI
+REVIEW R

3. TURN TO SELECT · PRESS TO ENTER Turn the dial to select **CLEAR REMINDER** and press to clear settings.



REMINDER
IS CLEARED

SCROLL SPEED

Example: Change scroll speed to fast.

Touch:

1. Options Touch the **OPTIONS** pad.

+AUTO NITE
CLOCK ON/
DEMO ON/O

2. TURN TO SELECT · PRESS TO ENTER Turn the dial to select **SCROLL SPEED** and press.



SELECT
SPEED
NORMAL

3. TURN TO SELECT · PRESS TO ENTER Turn the dial to select **FAST** speed and press to enter.



SOUND ON/OFF

Example: Turn sound on or off.

Touch:

1. Options Touch the **OPTIONS** pad.

+AUTO NITE
CLOCK ON/
DEMO ON/O

2. TURN TO SELECT · PRESS TO ENTER Turn the dial to select **SOUND ON/OFF** and press.



3. TURN TO SELECT · PRESS TO ENTER Turn the dial to select **OFF** and press to enter.



SELECT
SOUND
OFF

BACK



The **BACK** button can be used within menus to return to the previous screen.

Pressing the **BACK** pad will not pause or interrupt a cycle.

SOFTEN/MELT

The oven uses low power to melt or soften foods (butter, chocolate, marshmallows and cheese).

Example: To Melt 1 Stick Butter.

Touch:

1. Soften Melt Touch the **SOFTEN/MELT** pad.

+MELT
+SOFTEN

2. TURN TO SELECT · PRESS TO ENTER Turn the dial to select **MELT** and press.



-MELT
+BUTTER
+CHEESE

3. TURN TO SELECT · PRESS TO ENTER Turn the dial to select **BUTTER** and press. Turn the dial to enter the number of sticks.



-MELT
+BUTTER
1 STICK

4. Press **START** or dial to begin cooking.




CONTROL LOCK

You may lock the control panel to prevent the microwave oven from being started accidentally or used by children.

Example: To set the control lock.

Touch:

1.  Control Lock Press and hold **CONTROL LOCK** for 3 seconds to lock.

Display Shows:








LOCKED

FAVORITES

FAVORITES lets you recall one cooking instruction previously placed in memory and begin cooking quickly.

Example: To add a recipe (reheat a piece of pizza for 30 seconds).

Touch: **Display Shows:**

1. **Favorites** Press the **FAVORITES** pad. 
2.  To add a recipe, turn the dial to select **ADD RECIPE** and press.
3.  Turn the dial to select **COOK TIME** and press. 
4.  Turn the dial to select cook power and press. 
5.  Enter the **FOOD NAME** by turning the dial to select the alphabet and press to enter each letter. 
6.  Press **START**.


Example: To delete a memorized recipe (Pizza).

Touch: **Display Shows:**

1. **Favorites** To delete a recipe, press the **FAVORITES** pad. 
2.  Turn the dial to select **DELETE RECIPE** and press.
3.  Turn the dial to select a recipe to delete (Pizza) and press. 



Example: To use a memorized recipe (Pizza).

Touch: **Display Shows:**

1. **Favorites** To use a recipe, press the **FAVORITES** pad. 
2.  Turn the dial to **USE FAVORITE RECIPE** and press.
3.  Turn the dial to select **RECIPE (Pizza)**. 
4.  Press **START** or dial to begin cooking.

Example: To edit a recipe (Pizza).

Touch: **Display Shows:**

1. **Favorites** To edit the recipe, press the **FAVORITES** pad. 
2.  Turn the dial to select **EDIT RECIPE** and press.
3.  Select **PIZZA**. Turn the dial to change cook time or power (Pizza) and press to enter. 
4.  Press **START** or dial to enter. 

USING SENSOR COOKING

SENSOR OPERATING INSTRUCTIONS

Sensor Cook allows you to cook most of your favorite foods without selecting cooking times and power levels. The display will indicate "Sensing" during the initial sensing period. The oven automatically determines the required cooking time for each food item. When the internal sensor detects a certain amount of humidity coming from the food, it will tell the oven how much longer to heat. The display will show the remaining heating time. For best results for cooking by Sensor, follow these recommendations.

- Food cooked with the sensor system should be at normal storage temperature.
- The glass tray (TURNTABLE) and the outside of the container should be dry to ensure the best cooking results.
- Foods should always be covered loosely with microwavable plastic wrap, waxed paper or a lid.
- Do not open the door or touch the **STOP** key during the sensing time. When the sensing time is over, the oven beeps and the remaining cooking time will appear in the display window. At this time you can open the door to stir, turn or rearrange the food.

SENSOR COOKING GUIDE



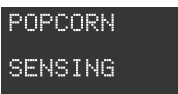
Appropriate containers and coverings help ensure good Sensor cooking results.

- Always use microwavable containers and cover them with lids or vented plastic wrap.
- Never use tight-sealing plastic covers. They can prevent steam from escaping and cause food to overcook.
- Match the amount to the size of the container. Fill containers at least half full for best results.
- Be sure the outside of the cooking container and the inside of the microwave oven are dry before placing food in the oven. Beads of moisture turning into steam can mislead the sensor.

POPCORN

POPCORN lets you pop popcorn without needing to program times and power.



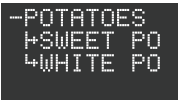


Example: To pop popcorn.

- | Touch: | Display Shows: |
|--|---|
| 1. Popcorn Touch the POPCORN pad. |  |
| 2.  Press START or dial. |  |
| 3. Wait for tones that signal the end of cooking time. | |

COOK

Using **COOK** lets you heat common microwave-prepared foods without needing to program cooking times and power levels.




Example: To cook Potatoes.

- | Touch: | Display Shows: |
|--|---|
| 1. Cook Turn the dial to select COOK and press. |  |
| 2.  Turn the dial to select POTATOES and press. |  |
| 3.  Turn the dial to select WHITE POTATOES and press to start cooking. |  |
| 4. Wait for tones that signal the end of cooking time. | |


REHEAT

REHEAT lets you heat foods without needing to program cooking times and power levels.

Example: To reheat dinner plate.

- | Touch: | Display Shows: |
|--|---|
| 1. Reheat Turn the dial to select REHEAT and press. |  |
| 2.  Turn the dial to select DINNER PLATE and press to start cooking. |  |
| 3. Wait for tones that signal the end of cooking time. | |

BACK

-  The **BACK** button can be used within menus to return to the previous screen.
- Pressing the **BACK** pad will not pause or interrupt a cycle.

WARM & HOLD

You can safely keep hot, cooked food warm in your microwave oven for up to 90 minutes (about 1 hour, 30 minutes). You can use Warm & Hold by itself, or automatically follow a cooking cycle.

Example: To use the Warm & Hold.

Touch:

1. Warm & Hold

Press the **WARM & HOLD** pad.

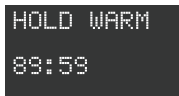


Display Shows:

2.



Press dial or **START**



At the end of the warm & hold, **END** will be displayed and four tones will sound.

To make Warm & Hold automatically follow another cycle:

- **After entering cooking instructions**, touch Warm & Hold before touching START.
- **When the last cooking cycle is over**, you will hear two tones. "Hold" will come on while the oven continues to run.
- You can set Warm & Hold to follow Auto Defrost, Cook, or two-stage cooking.

NOTES:




- **Warm & Hold** operates for up to 90 minutes.
- **Opening** the oven door cancels Warm & Hold. Close the door and touch Warm & Hold, then touch START if additional Warm & Hold time is desired.
- **Food that is cooked covered** should also be covered during Warm & Hold.
- **Pastry items** (pies, turnovers, etc.) should be uncovered during Warm & Hold.
- **Complete meals** kept warm on a dinner plate should be covered during Warm & Hold.
- **Do not use** more than one complete Warm & Hold cycle (about 1 hour, 30 minutes). The quality of some foods will suffer with extended time.

AUTO DEFROST

Your microwave oven is preset with four defrost categories. Using **AUTO DEFROST** is the best way to defrost frozen foods.

Example: To defrost 1.2 lbs. of ground beef.



Touch: **Display Shows:**

1. **Auto Defrost** Press the **AUTO DEFROST** pad. 
2. TURN TO SELECT · PRESS TO ENTER Turn the dial to select **MEAT** and press. Turn the dial to enter the **WEIGHT**. 
3.  Press the dial or **START**.
4. Wait for tones that signal the end of cooking time.

1 LB DEFROST

Example: To quickly defrost 1.0 lbs. of ground beef.

Touch: **Display Shows:**

1. **1 lb Defrost** Press the **1 lb DEFROST** pad. 
2.  Press the dial or **START**.
3. Wait for tones that signal the end of cooking time.

DEFROSTING TIPS

- **When using Defrost**, the weight to be entered is the net weight in pounds and tenths of pounds (the weight of the food minus the container).
- **Use Defrost** only for raw food. Defrost gives best results when food to be thawed is a minimum of 0°F (taken directly from a true freezer). If food has been stored in a refrigerator-freezer that does not maintain a temperature of 5°F or below, always program a lower food weight (for a shorter defrosting time) to prevent cooking the food.
- **The shape of the package** affects how quickly food will defrost. Shallow packages will defrost more quickly than a deep block.
- **As food begins to defrost**, separate the pieces. Separated pieces defrost more easily.
- **Use small pieces of aluminum foil** to shield parts of food such as chicken wings, leg tips, fish tails, or areas that start to get warm. Make sure the foil does not touch the sides, top, or bottom of the oven. The foil can damage the oven lining.
- **For better results**, a preset standing time is included in the defrosting time.
- **Turn over** food during defrosting or standing time. Break apart and remove food as required.

WEIGHT CONVERSION CHART

To enter food weight in **DEFROST**, you must specify pounds and tenths of a pound. If the weight on the food package is in fractions of a pound, you can use the following chart to convert the weight to decimals.

Equivalent Weight	
OUNCES	DECIMAL WEIGHT
1.6	.10
3.2	.20
4.0	.25 One-Quarter Pound
4.8	.30
6.4	.40
8.0	.50 One-Half Pound
9.6	.60
11.2	.70
12.0	.75 Three-Quarters Pound
12.8	.80
14.4	.90
16.0	1.00 One Pound

NOTE: If between two decimal weights, choose the lower weight for the best defrosting results.

DEFROST TABLE

NOTE: Meat of irregular shape and large, fatty cuts of meat should have the narrow or fatty areas shielded with foil at the beginning of the defrost sequence.

Meat settings

FOOD	SETTING	AT BEEP	SPECIAL INSTRUCTIONS
BEEF			
Ground Beef, Bulk	MEAT	Remove thawed portions with fork. Turn over. Return remainder to oven.	Do not defrost less than 1/4 lb. Freeze in ball shape.
Ground Beef, Patties	MEAT	Separate and rearrange.	Do not defrost less than 2 oz. patties. Depress center when freezing.
Round Steak	MEAT	Turn over. Cover warm areas with aluminum foil.	Place in a microwave safe dish.
Tenderloin Steak	MEAT	Turn over. Cover warm areas with aluminum foil.	Place in a microwave safe dish.
Stew Beef	MEAT	Remove thawed portions with fork. Separate remainder. Return remainder to oven.	Place in a microwave safe dish.
Pot Roast, Chuck Roast	MEAT	Turn over. Cover warm areas with aluminum foil.	Place in a microwave safe dish.
Rib Roast	MEAT	Turn over. Cover warm areas with aluminum foil.	Place in a microwave safe dish.
Rolled Rump Roast	MEAT	Turn over. Cover warm areas with aluminum foil.	Place in a microwave safe dish.
LAMB			
Cubes for Stew	MEAT	Remove thawed portions with fork. Return remainder to oven.	Place in a microwave safe dish.
Chops (1 inch thick)	MEAT	Separate and rearrange.	Place in a microwave safe dish.
PORK			
Chops (1/2 inch thick)	MEAT	Separate and rearrange.	Place in a microwave safe dish.
Hot Dogs	MEAT	Separate and rearrange.	Place in a microwave safe dish.
Spareribs Country-style Ribs	MEAT	Turn over. Cover warm areas with aluminum foil.	Place in a microwave safe dish.
Sausage, Links	MEAT	Separate and rearrange.	Place in a microwave safe dish.
Sausage, Bulk	MEAT	Remove thawed portions with fork. Turn over. Return remainder to oven.	Place in a microwave safe dish.
Loin Roast, Boneless	MEAT	Turn over. Cover warm areas with aluminum foil.	Place in a microwave safe dish.

DEFROST TABLE (Continued)

Poultry setting

FOOD	SETTING	AT BEEP	SPECIAL INSTRUCTIONS
CHICKEN Whole (up to 6 lbs) Cut-up	POULTRY	Turn over (finish defrosting breast side down). Cover warm areas with aluminum foil. Separate pieces and rearrange. Turn over. Cover warm areas with aluminum foil.	Place chicken breast-side up in a microwave-safe dish. Finish defrosting by immersing in cold water. Remove giblets when chicken is partially defrosted. Place in a microwave-safe dish. Finish defrosting by immersing in cold water.
CORNISH HENS Whole	POULTRY	Turn over. Cover warm areas with aluminum foil.	Place in a microwave-safe dish. Finish defrosting by immersing in cold water.
TURKEY Breast (up to 6 lbs)	POULTRY	Turn over. Cover warm areas with aluminum foil.	Place in a microwave-safe dish. Finish defrosting by immersing in cold water.

Fish setting

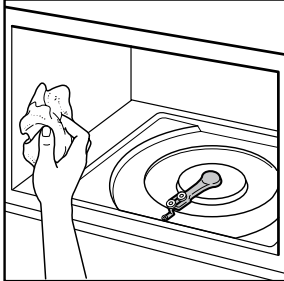
FOOD	SETTING	AT BEEP	SPECIAL INSTRUCTIONS
FISH Fillets Steaks Whole	FISH FISH FISH	Turn over. Separate fillets when partially thawed if possible. Separate and rearrange. Turn over.	Place in a microwave-safe dish. Carefully separate fillets under cold water. Place in a microwave-safe dish. Run cold water over to finish defrosting. Place in a microwave-safe dish. Cover head and tail with foil, do not let foil touch sides of microwave. Finish defrosting by immersing in cold water.
SHELLFISH Crab meat Lobster tails Shrimp Scallops	FISH FISH FISH FISH	Break apart. Turn over. Turn over and rearrange. Separate and rearrange. Separate and rearrange.	Place in a microwave-safe dish. Place in a microwave-safe dish. Place in a microwave-safe dish. Place in a microwave-safe dish.

NOTE: *Available weight is 0.1~6.0 lbs (0.1~2.7 Kg).

Caring for Your Microwave Oven

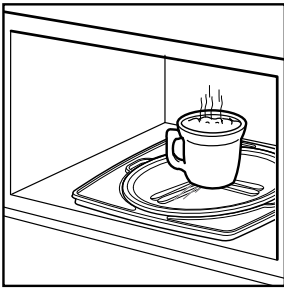
To make sure your microwave oven looks good and works well for a long time, you should maintain it properly. For proper care, please follow these instructions carefully.

For interior surfaces: Wash often with warm, sudsy water and a sponge or soft cloth. Use only mild, nonabrasive soaps or a mild detergent. **Be sure to keep the areas clean where the door and oven frame touch when closed.** Wipe well with a clean cloth.

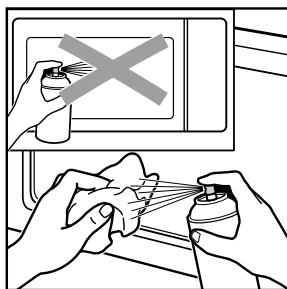


Over time, stains can occur on the surfaces as the result of food particles spattering during cooking. This is normal.

For stubborn soils: boil a cup of water in the oven for two to three minutes. Steam will soften the soil. To get rid of odors inside the oven, boil a cup of water with some lemon juice or vinegar in it.



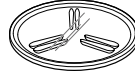
For exterior surfaces and control panel: Use a soft cloth with spray glass cleaner. Apply the spray glass cleaner to the soft cloth; do not spray directly on the oven.



NOTE: Abrasive cleansers, steel wool pads, gritty wash cloths, some paper towels, etc., can damage the control panel and the interior and exterior oven surfaces.

To clean glass tray, rotating ring and guide tray:

Glass tray



Rotating ring



Guide tray



Wash in mild, sudsy water; for heavily soiled areas use a mild cleanser and scouring sponge. The glass tray, rotating ring, and guide tray are dishwasher safe.

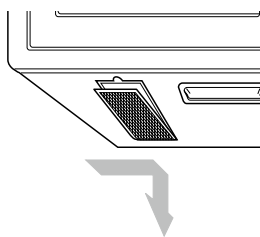
CARING FOR THE FILTERS

The grease filters should be removed and cleaned often, at least once a month.

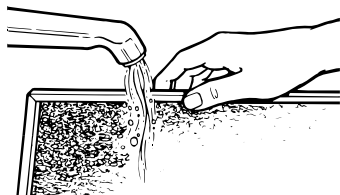
NOTE: If your microwave hood combination is installed to recirculate air, the charcoal filter (Part No. 5230W1A0003A) is available from Sears by calling 1-800-4-MY-HOME®. The charcoal filter cannot be cleaned and should be replaced every 6 to 12 months.

Grease filters (Part No. 2B72705B):

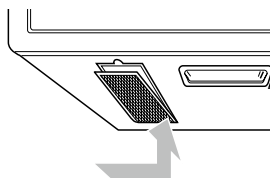
1. Unplug microwave oven or disconnect power.
2. To remove grease filters, slide each filter to the side. Pull filters downward and push to the other side. The filter will drop out.



3. Soak grease filters in hot water and a mild detergent. Scrub and swish to remove embedded dirt and grease. Rinse well and shake to dry. Do not clean filters with ammonia or corrosive cleaning agents such as lye-based oven cleaners, or place them in a dishwasher. The filters will turn black or could be damaged.



4. To replace grease filters, slide filter in the frame slot on one side of the opening. Push filter upward and push to the other side to lock into place.

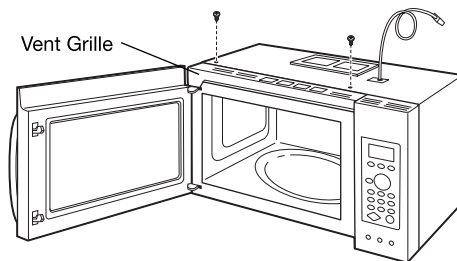


5. Plug in microwave oven or reconnect power.

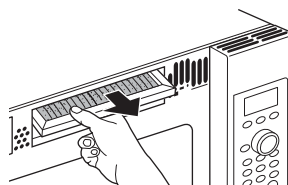
Charcoal filter replacement:

If your oven is vented inside, the charcoal filter should be replaced every 6 to 12 months, and more often if necessary. The charcoal filter cannot be cleaned. Purchase a new charcoal filter from the nearest Sears Parts & Repair Service Center, or by calling 1-800-4-MY-HOME®.

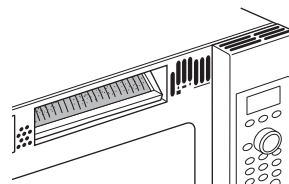
1. Unplug microwave oven or disconnect power.
2. Remove the two vent grille mounting screws. Slide the vent grille slightly to the left.



3. Tip the grille forward; then lift out to remove.
4. Remove the old filter.



5. Slide a new charcoal filter into place. The filter should rest at the angle shown.



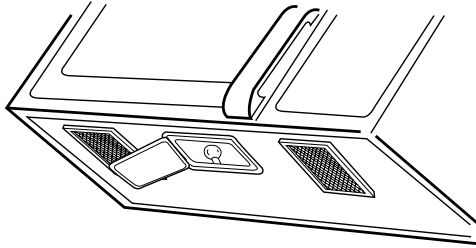
6. Push the vent grille into place. Slide the grille to the right until it snaps into place.
7. Replace the mounting screws.
8. Reconnect power or plug in microwave oven.

NOTE: Do not operate the hood without the grease filters in place.

REPLACING THE COOKTOP AND OVEN LIGHTS

The cooktop light

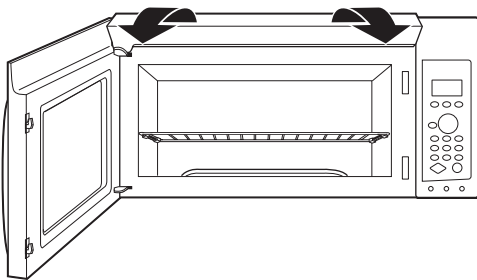
1. Unplug microwave oven or disconnect power.
2. Remove the bulb cover mounting screws.



3. Replace the bulb.
4. Reinstall bulb cover with mounting screws.
5. Plug in microwave oven or reconnect power.

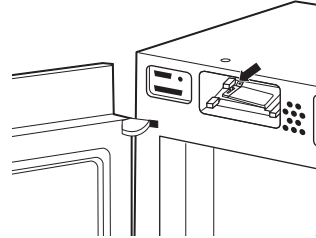
The oven light

1. Unplug microwave oven or disconnect power.
2. Remove the vent grille mounting screws.
3. Open the door. Tip the grille forward; then slide the grille to the left and pull out.

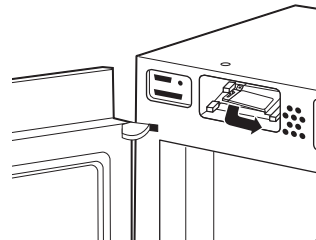


4. Remove the charcoal filter.

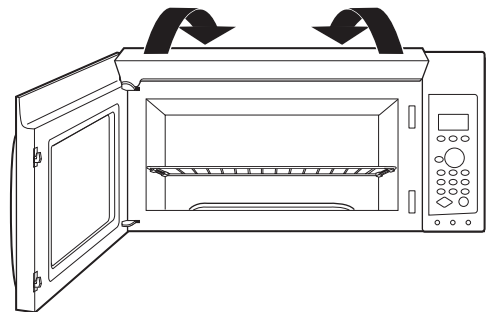
5. Remove the bulb holder by pushing the locking tab back slightly to disengage the tab from the bulb holder.



6. Lift up the bulb holder and slide it out of the compartment.



7. Replace the bulb.
8. Reinstall the bulb holder. Slide the bulb holder back into the compartment and press down firmly so the locking tab snaps into place.
9. Replace the charcoal filter.
10. Set the bottom of the grille in place, slide it to the right, and then snap the top in place. replace the mounting screws.



11. Plug in the microwave oven or reconnect power.

Questions and Answers

QUESTIONS	ANSWERS
Can I operate my microwave oven without the glass tray or move the glass tray over to hold a large dish?	No. If you remove or move the glass tray, you will get poor cooking results. Dishes used in your oven must fit on the glass or guide tray.
Can I use either metal or aluminum pans in my microwave oven?	You can use aluminum foil for shielding (use small, flat pieces), small skewers, and shallow foil trays (if tray is not taller than 3/4 in. [1.9 cm] deep and is filled with food to absorb microwave energy). Never allow metal to touch walls or door.
Is it normal for the guide tray to move in either direction?	Yes. The guide tray moves from side to side, depending on the rotation of the motor when the cooking cycle begins.
Sometimes the door of my microwave oven appears wavy. Is this normal?	This appearance is normal and does not affect the operation of your oven.
What are the humming noises that I hear when my microwave oven is operating?	You may hear the sound of the transformer when the magnetron tube cycles on.
Why does the dish become hot when I microwave food in it? I thought that this should not happen.	As the food becomes hot it will conduct the heat to the dish. Be prepared to use hot pads to remove food after cooking.
What does "standing time" mean?	"Standing time" means that after the timed cooking period ends, food should be allowed to stand either inside or outside of the oven to completely finish cooking. Outside oven standing time will allow the oven to be available for other use. For inside oven standing time, you can program a "0" power second stage of the cooking cycle. See : "Two - Stage Cooking."
Why does steam come out of the air exhaust vent?	Steam is normally produced during cooking. The microwave oven has been designed to vent this steam out the vents.
Can I pop popcorn in my microwave oven? How do I get the best results?	Yes. Pop packaged microwave popcorn following manufacturer's guidelines. Do not use regular paper bags. Do not repop unpopped kernels. Do not pop popcorn in glass cookware.
What is the maximum size dish I can place in the microwave oven?	Because of the large cavity and guide tray that moves side to side, you can use dishes up to 12 x 15 inches.

Troubleshooting

Most cooking problems often are caused by little things you can find and fix without tools of any kind. Check the lists below and on the next page before calling for assistance or service. If you still need help, call Sears Service at 1-800-4-MY-HOME®.

MICROWAVE OVEN DOES NOT WORK

PROBLEM	CAUSE
Nothing works.	<ul style="list-style-type: none">• The power supply cord is not plugged into a grounded 3 prong outlet.• A household fuse has blown or a circuit breaker has tripped.• The electric company has had a power failure.
The microwave oven will not run.	<ul style="list-style-type: none">• You are using the oven as a timer. Touch TIMER to cancel the Kitchen Timer.• The door is not firmly closed and latched.• You did not touch START.• You did not follow directions exactly.• An operation that you set earlier is still running. Touch STOP to cancel that operation.

COOKING TIMES

PROBLEM	CAUSE
Food is not cooked enough.	<ul style="list-style-type: none">• The cook power is not at the recommended setting.• The electric supply to your home or wall outlets is low or lower than normal. Your electric company can tell you if the line voltage is low. Your electrician or service technician can tell you if the outlet voltage is low.
The display shows a time counting down but the oven is not cooking.	<ul style="list-style-type: none">• The oven door is not closed completely.• You have set the controls as a kitchen timer. Touch TIMER pad and cancel Kitchen Timer.

GLASS TRAY

PROBLEM	CAUSE
The glass tray will not move.	<ul style="list-style-type: none"> • The glass tray is not correctly in place. It should be correct-side up and sitting firmly on the center hub. • The support is not operating correctly. Remove the glass tray and restart the oven. If the hub still does not move, call Sears Service at 1-800-4-MY-HOME®. Cooking without the glass tray can give you poor results.

TONES

PROBLEM	CAUSE
You do not hear the programming or end-of-cycle tone.	<ul style="list-style-type: none"> • You have not entered the correct command.

VENT

PROBLEM	CAUSE
Vent fan comes on automatically.	<ul style="list-style-type: none"> • The vent fan will automatically turn on if it senses too much heat during cooking on the cooktop below.

If none of these items is causing your problem, call Sears Service at 1-800-4-MY-HOME®.

WARRANTY

KENMORE MICROWAVE WARRANTY

- For "TWO YEARS" from date of purchase, Sears will repair any defect in material or workmanship subject to exclusions below free of charge, labour included.
- For the next "THREE" years Sears will replace the Magnetron free of charge, labour not included.
- This warranty is in addition to any statutory warranty.

PRODUCT CATEGORY

SERVICE

Counter Top Microwave (all sizes)

Carry in

Micro/Convection and Over The Range

In Home

KENMORE MICROWAVE WARRANTY

1. Installation.
2. Damage resulting from improper voltage.
3. Service required because of damage due to misuse or abuse.
4. Service required as a result of fire, flood, or acts of God.

Sears does not authorize any person or representative to make any other warranty or assume for it any liability other than those contained herein. Any agreement, verbal or written, outside of, or creating any other warranties in addition to or contradictory to the foregoing, shall be void and of no and of no effect. The above warranty applies only to Kenmore Microwave Ovens which are used for private household purposes.

HOW TO OBTAIN WARRANTY SERVICE

1. For "Carry In", simply bring the microwave oven to the nearest Sears Service Centre or Store.
2. For "In Home" contact the nearest Sears Service Centre or Store.

SEARS CANADA INC.
290 Yonge Street Suite 700 Toronto, Ontario M5B 2C3

Get it fixed, at your home or ours!

Just Call:

1-800-4-MY-HOME®

(1-800-469-4663)

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no matter who made it, no matter who sold it!

For your nearest **Sears Parts & Service** location,
to bring in products like vacuums, lawn equipment and electronics.

For **Sears Parts & Service**, to order the replacement parts,
accessories and owner's manuals that you need to do-it-yourself.

www.sears.ca

To purchase or inquire about a Sears Maintenance Agreement, call:

1-800-361-6665

9 a.m. – 11 p.m. Mon. – Fri. EST, 9 a.m. – 4 p.m. Sat.

Pour service en français:

1-800-LE-FOYER^{MC}

(1-800-533-6937)

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